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BUGANDA BUMU NORTH AMERICAN CONVENTION



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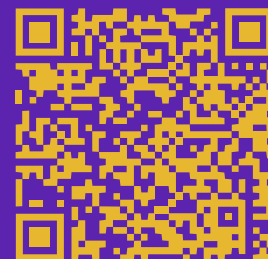
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BBNAC'25 Editor's Note



Every time we convene for BBNAC, we celebrate our cultural norms and customs; achievements of members of the BBNAC community; learn from each other; and get invigorated to walk yet another mile in the continued development of our livelihoods and Nnyaffe Buganda. We get an opportunity to reflect on how we have journeyed, and how we are progressing and growing regarding our commitment to the values we have set for ourselves in BBNAC, as well as in our local associations, in sync with the aspirations of our heritage.

This magazine is one of the avenues through which we share joys, experiences, and many other important lessons. This year's edition is brimming with messages and articles that speak to the different dimensions of who we are, permeated with invaluable advice on how to sustain and strengthen the good we have. Many of them have been particularly crafted to highlight this year's theme: "Confronting the Challenges of Mental Health and HIV/AIDS." The magazine is also imbued with expert contributions on important topics including: "Obukulu bw'Emibila mu Buganda", among others. We hope you enjoy it.

Special gratitude to all the co-editors and content layout volunteers: Omukungu Deusdedit C. Kiyemba, Ms. Rose Nantaba; Mr. Charles Mubiru, Dr. Dennis Jjuuko, Dr. Samuel Muwanguzi, and Oweekitiibwa Margaret Muwonge. You have been such a great team to work with. Thank you!

Indebtedness also goes to our esteemed sponsors, authors, and those who provided other forms of content for this year's BBNAC Magazine.

Dr. David Nyanzi
Editor, BBNAC'25 Magazine

Official Acknowledgements

BBNAC acknowledges Mr. John Martin Kewaza for the design and Layout of this Magazine.

Disclaimer: The views and opinions expressed in this magazine are those of the authors and do not necessarily reflect the official policy or position of BBNAC.

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Program





**WOFIISI YA
KABAKA WA BUGANDA**

(Office of the King of Buganda)
P.O. Box 58,
KAMPALA UGANDA

OBUBAKA BWA SSAABASAJJA KABAKA MU BBNAC 2025

Tubalamusizza era tubeebaza emirimu.

Twebaza abaami ba Kabaka mu America ne Canada n'enkiiko zonna ku mitendera egy'enjawulo olw'okutuusanga amawulire agafa Embuga n'okukola obutaweera okulaba nti Buganda ffena tugyenyumirizaamu, abali mu Buganda, n'abali e bunaayira.

Tubeebaza okuba abawulize eri Nnamulondo, ate n'eri obukulembeze b'Obwakabaka.

Tusanyukira nnyo omwoyo gw'obumu ogwolesebwa ebibiina ebikumaakuma abantu baffe e bunaayira nga bikwanaganyizibwa omukago gwa BBNAC, era abateesiteesi basiimibwa nnyo.

Tubajjukiza okugondera amateeka n'emisoso gy'amawanga gye mubeera kibasobozese okubeerayo obulungi ate n'okuba abegendereza mu mbeera ezenjawulo ze musanga.

Abantu ba Buganda ababeera emitalawamayanja, mulina okukitwala nti kikulu okukuuma obulamu bwammwe mu mbeera ennungi; naddala mukubirizibwa okukola enteekateeka okulwanyisa endwadde y'omutwe erabika nga etawaanya bangi eyo gye mubeera. Ku butaka tutadde nnyo essira mu kulwanyisa mukenenya, era tubasaba buli lwe muwuliza ab'enganda n'abeemikwano eka, mubajjukize ku bwetaavu bw'okulwanyisa obulwadde buno ssaako ababulina okutambulira mu kulunnamizibwa abasawo.

Ebimu ku bireetera abantu baffe e bunaayira okufuna endwadde z' emitwe kwe kukabirirwa okuva ku nsonga ezenjawulo, okugeza, okunyigirizibwa mu maka ne mu bulamu bwabwe obwa bulijjo; enneeyisa eyawukana ku buwangwa bwaffe; okukozesa ebiragalalagala; enkuza y'abaana n'ebirala. Tubakubiriza okusiga ennono zaffe mu baana nga bakyali bato okusinga okubaterreeza mu bukulu.

Nga muli mu nsi, kirungi muyambibwe obuwangwa bwaffe mu nneeyisa yammwe naddala nga mukuuma obuntubulamu.

Tubakubiriza okufunangayo obudde ne mukomawokko ku butaka musobole okulambula n'okumanyisibwa ebikwata ku nsi n'ebika byammwe ssaako okugoberera obulungi ebikolebwa.

Mukimanyi bulungi nti omulembe guno twagukwasa bavubuka. Tubasaba mu balambike basobole okutambuza eby'obusika bwaffe okubituusa ku mirembe egirijja.

Omukama Abakuume!

Mbaagaliza olukunnaana olw'ebibala.

**Ronald Muwenda Mutebi II
KABAKA**



OBWAKABAKA BWA BUGANDA

(KING OF BUGANDA)

WOOFISI YA KATIKKIRO

OFFICE OF THE KATIKKIRO (PRIME MINISTER)

OBUBAKA BWA KATIKKIRO MU KATABO KA BBNAC 2025

Mbalamusizza nnyo abantu ba Ssaabasajja Kabaka abeetabye mu lukunjaana lwa BBNAC 2025.

Twebaza Omutonzi akuumye Ssaabasajja Kabaka emyaka nsanvu (70) be ddu.

Mbeebaza olw' okutegekanga olukunjaana lwa BBNAC oluleeta abantu awamu. Bye muteesa byongerera okusitula Buganda okugitwala ku ntikko, ate ebiteeso bivaamu ebibala ebirabwako, okugeza ambyulensi mu 2015; eddwaliro eritambula mu 2017; kompyuta ezaagabibwa mu Masaza ga Buganda mu 2021; ssaako enzizi bbiri eza nayikondo ezaasimibwa mu Ssaaza Gomba mu nsimbi ezaakunjaanyizibwa mu BBNAC, 2023.

Mu Ttabamiruka, tukunjaana ne tulya, ne tunywa era tusanyuka ng' abaana ab' enda emu. Kyokka awo tusingawo nnyo; anti tukunjaana okunyweza okutabagana kw'abantu ba Nnyinimu nga tulondoola Ensonga za Buganda Ssemasonga Ettaano. Olukunjaana luno lukoze kinene ddala okumanyisa Obuganda obubeera mu America ne Canada enteekateeka z'Obwakabaka.

Abantu ba Ssaabasajja ababeera e bunaayira, nnyongerera okubajjukiza nti mukiikirira nnyaffe Buganda. Awonno mube bumu, kubanga bwe tuba obumu omulabe ajja kubulwa w' ayita.

Omulundi guno olukunjaana lulimu emiramwa gya biti bibiri; okulwanyisa endwadde zemitwe, ate nokulwanyisa mukenenya.

Mbakubiriza okugendera ku bubaka bwa Ssaabasajja tusobole okulwanyisa endwadde zino zombi.

Nga bwe nzize ntegeza abavubuka, mbasaba mufube okwongerera okumanya ebifa ku Bwakabaka bwa Buganda. Ate mu mirimu mube banyikivu be mukolera babasaalirwe, bwe muba temuliwo.

Neebaza nnyo abantu mwenna olw' amagezi n' ebirowoozo byemutuwa ssaako obwagazi n' okwewaayo bye mwolesa okulaba nga Obwakabaka bukulaakulana. Tubasaba ensigo eno muginnyikize mu bavubuka n' abaana bammwe. Twongerera okwebaza abateesiteesi bolukunjaana lwa BBNAC 2025 abataddewo olutindo okwongerera abantu ba Kabaka okutambulira awamu, n' okugatta amaanyi n' obuvumu ebigatta ettoffaali ku kukulaakulanya Buganda.

Ssaabasajja Kabaka Awangaale..... ng'Enkumbi ku Bbega!

**CHARLES PETER MAYIGA
KATIKKIRO**



OBWAKABAKA BWA BUGANDA

(KING OF BUGANDA)

WOOFISI YA KATIKIRO

OFFICE OF THE KATIKIRO (PRIME MINISTER)



OBUBAKA BWA MINISITA WA GAVUMENTI EZ'EBITUNDU, OKULAMBULA KWA KABAKA N'ENSONGA ZA BUGANDA EBWERU MU BBNAC 2025

“Okunyweza obumu mu bantu ba Kabaka wabweru wa Buganda kya nkizo mu kukuuma n'okutaasa Nnamulondo”

Mbalamusizza nnyo Abaami n' Abakyala ba Ssaabasajja Kabaka era mbeebaza olw'okwenyigira mu kaweeefube w'okuzza Buganda ku ntikko.

Mbeebaza okwenyigira mu nteekateeka z'Obwakabaka ezenjawulo ezongedde okusitula embeera z'abantu ba Kabaka nga muno mulimu n'okusima enzizi ezenjawulo, okwetaba mu nteekateeka ya Luwalo lwaffe, okwetaba mu kudduka emisinde nga tujaguza amazaalibwa ga Ssaabasajja Kabaka buli mwaka, okwetabanga mu mikolo egibagatta egitegekebwa mu Masaza gammwe eyo gye muli, okutegeka n'okwetaba mu nsiisira z'ebyobulamu ku butaka nebirala.

Olukunjaana luno lwatondebwawo okuyamba abantu ba Kabaka okubeerako awamu era omwaka guno gwongedde okujjaye obulungi omulamwa ogwatonzaawo enkunjaana zino nga tuli mu Ssaza New England omwatuuzibwa olukunjaana olwasookera ddala kubanga buli kiseera ekiyitawo abantu beeyongera okulujjumbira era nga mu BBNAC tumaze okunogamu ebibala ebirabwako nga Ambyulensi y'Obwakabaka, Eddwaliro eritambula, Computer mu masaza n'enzizi bbiri. Twebaza nnyo abaami ba Kabaka n' abamyuka abakulembeddemu okulaba n'enteekateeka zino zituukirira ssaako ebibiina byonna ebyegattira mu nteekateeka ya Buganda Bumu North American Convention (BBNAC). We tutuukidde mu lukunjaana lw'omulundi guno nga enteekateeka yeemu ebunyisiddwa ku Ssemazinga endala okuli Bulaaya, Africa ate ne Asia abagenda okuba n'olukunjaana olunaasooka mu Mutunda 2025

Nga twongera okujaguza emyaka ensanvu be ddu egy'obulamu bwa Ssaabasajja Kabaka Ronald Muwenda Mutebi II omwaka guno 2025, Beene yatulagira okubeera abalamu, n'okukola ennyo okukyusa ku mbeera zaffe ate byonna byakutuukirira nga tuli balamu. Mbasaba empenda zikolebwe okulaba nti ekkatala lino ligguka nga muno mulimu; okulwanyisa endwadde z'emiteere naddala mu bavubuka, nga mulwanyisa okukozesa ebiragalalagala wamu mu maka gammwe, mufubenga okuwanjwana emirembe ate n'okujiisa ennono zeeno mu zeeka buli lwe wataba kukontana kwa Mateeka kibataase emiteeru oluusi egivaako endwadde zino.

Nkubiriza abantu ba Kabaka okuwuliziganyanga n' Ababaka ba Ssaabasajja Kabaka okusobola okufuna amawulire amatuufu okuva Embuga. Mbasaba mukozese nnyo emikutu egyatekebwawo egya Buganda mu Masaza gammwe okufuna amawulire amatuufu mu bwangu okuva Embuga era tusaba Abaami ba Kabaka obutaddiranga mu kussanga ku mikutu ensonga z'Obwakabaka okusobola okuyamba okulunganya obulungi ku bitambula mu Buganda. Mu buwufu bwe bumu, mbasaba mwewale njwanjwa ava mu bannakigwanyizi oluusi abeevuula bannaffe Mujjukire olugero olugamba nti ekinaakulyako amenvu kijira mu kususa.

Nneebaza abateesiteesi ba BBNAC 2025 abawadde abavubuka ekyanya ekyenjawulo mu lukunjaana lw'omulundi guno. Nsaba abavubuka okukozesa obulungi omwaganya guno mu ngeri eyenjawulo omuli nokufuniramu ababeezi abatuufu.

Nkubiriza Abaweereza ba Kabaka n'abantu abakulu mwenna bulijjo okukolanga enteekateeka ezizimba abavubuka mu ngeri enjenderere etali ya mikolo gyokka oba eya kiyitamulugya oba eyekinyumo.

Mbeebaza olw'okusalawo okukozesa olukunjaana luno okukwatizaako Kabaka mu kwanja ekirwadde kya Mukenenya nga mukwatira ku bakoseddwa ate nokusoosowaza okumuyamba okutangira endwadde zemitwe mu bantu be abawangaalira mu America ne Canada.

Nga mmaliriza, mbakuutira okwongerera okubeera obumu nga mutambulira mu nsonga Ssemasonga ettaano, okumanya obulungi enteekateeka z'Obwakabaka nokumanya obuvunaanyizibwa buli muntu bwalina ku Nnyaffe Buganda. Twongerera okwebaza abateesiteesi ba BBNAC 2025, Abaami ba Kabaka abakulembeddamu Owessaza New England Oweek. Henry Matovu Ndawula, Ekibiina kya BBNAC, Gwangamujje Boston ssaako abantu bonna abawagidde n'abeetabye mu lukunjaana luno.

Omukama abakuume

Ssaabasajja Kabaka Awangaale! n'enkumbi ku Bbega!

Joseph Kawuki

Minisita wa Gavumenti ez'Ebitundu Okulambula kwa Kabaka n'Ensonga za Buganda Ebweru

Obubaka Bw'omutaka Nnamwama Augustine K. Mutumba, Omukulu W'ekika Ky'ekkobe Era Omukubiriza W'olukiiko Lw'abataka Ab'obusolya Ba Buganda Mu Lukunjaana Lwa Buganda Bumu North American Convention (BBNAC) 2025



I Abantu ba Ssaabasajja mwenna mu bitiibwa byammwe mbalamusaako. Neebaza abategesi ne leero okututegekera olukunjaana lwa BBNAC olw'omwaka 2025 oluzze n'omulamwa -okwanganga ebisomooza obulamu bw'obwongo n'okusomoozebwa kw'endwadde ya Mukeneynya. Mbatuusaako

okulamusa okuva mu bakulu b'Ebika era bajajjamwe ababeebaza olw'enteekateeka eno era tubasabira okuvaayo n'ebirowoozo ebinavaamu ebikolwa ebikyusa kulw'obulungi obulamu bwaffe. Obumu bwe mwongera okulaga bwongera okutuweesa ekitiibwa, naddala nga musinzidde bunaayira, tubalinamu essuubi okugatta ettoffaali ku nkulaakulana yaffe ne Buganda okutwalira awamu.

Obulamu bw'obwongo bufuuse kya kusomooza nnyo ku mulembe guno olw'ebingi ebiyingiridde obulamu bwaffe ku mulembe guno; muno mulimu ekikula ky'abantu abazaalibwa n'ebizibu ebiva ku mbeera z'ensi ezikyuse mwebazaalibwa, okukozesa ebiragalalagala ebitabangula enteekateeka y'enkula y'obwongo, ebyenfuna ebyereze ne bireega n'abantu abalafuubana okufuga ebyenfuna ebyo ebasindiikiriza okutendewererwa ne mu

bwongo, embeera mu maka ezikyusekyuse ne ziremesa okufuna amaka amatebenkevu n'ebirala nfofooole ebyetaagisa okutereza tulyoke tutereze obulamu bw'obwongo. Mu kiseera ky'ekimu, newankubadde amaanyi gateekeddwa mu kulwanyisa Mukenenya era olutalo lwongerwa okulinyibwako mu nsi yonna ate naddala e Buganda nga Ssaabasajja Kabaka Ssaabataka y'atukulembeddemu, naye tetweyibaala anti obwato bufa magoba, n'olwekyo tetulina kukendeeza maanyi mu kulwanyisa Mukenenya ate nga y'emu ku ndwadde ezisomooza n'obulamu bw'obwongo. Kituwa essuubi nti olukungaana lwa BBNAC 2025 lujja kuvaamu ebyongera okutuwa essuubi okufuna obulamu obulungi mu bwongo era n'okufufuggaza obulwadde bwa Mukenenya.

Twongere okussa essira mu kwongera amaanyi mu maka oba mu nnyumba zaffe okuba ekimu ku bikitebe by'okusinziiramu okwekuuma n'okulwanyisa Mukenenya n'ebisomooza obwongo bw'omuntu. Amaka agateredde gabeera gamaanyi mu kufufuggaza ebisomooza omuntu.

Ssaabasajja Kabaka Awangaale!

Omutaka Nnamwama Augustine K. Mutumba

Omukulu w'Ekika ky'Ekkobe Era Omukubiriza w'Olukiiko lw'Abataka Abakulu b'Obusolya mu Buganda

OBUBAKA BWA BBNAC'25 OKUVA MU SSAZA LY'EBUVANJUBA BWA MAMBUKA (NORTHEAST) G'AMERICA – NEW ENGLAND USA

Henry Matovu Ndawula - Omutaka



F fe abantu ba Ssaabasajja Kabaka Ronald Muwanda Mutebi II mu kibiina kyaffe tuli basanyufu okuba nti tutuuse mulukungana mu lukunjaana luno olwa BBNAC ey'omulundi ogw'omukaaga.

Twebaza nnyo Ggwanga Mujje Boston olw'omulimu ogw'ettendo okutegeka olukunjaana luno.

Twaniriza Katikkiro Charles Peter Mayiga. Abaana b'Enjoma, Abataka ab'obusolya, n'abalala baayise nabo.

Twebaza Mukama

olw'okutusobozesa okutuukiriza emirimu gya Ssaabasajja Kabaka egy'enjawulo. Twasobola okuteekawo Nayikondo, Medical Camp e Butambala, oluwalo tuweereza, Ekisaakate kya Nnaabagereka, "Buganda Awareness Dinner", n'ebirala bingi. Omubaka wa Ssaabasajja Oweekitiibwa Esther Nassuuna n'omumyuka we, awamu n'olukiiko lw'omubaka bakoze omulimu mulungi nnyo.

Entegeka zino zonna zituyambye okukunga abantu ba Ssaabasajja, era n'okusomesa abaana baffe ennono.

Tusiima nnyo entegeka za Kabaka Foundation ezeby'obulamu. Tubakulisa okuwangula engule y'okukunjaanya omusaayi. Medical camps n'ebirala bingi. Abantu ba Ssaabasajja abetaaga.

Okubeera balamu, lwetujja okuzza Buganda ku ntikko. Tukuume Omwoyo gwa Buganda ogutafa.

Ssaabasajja Kabaka Awangaale!

Fiona Nattabi Kafeero - Omumyuka



ABATAKA ABAKULU AB'OBUSOLYA 2025





KABAKA FOUNDATION

BACKGROUND

The decadence in which Uganda plunged in the 80's is well documented. The plight of the people and especially that of women and children was, in many aspects, appalling. The socio-economic situation coupled with environmental deterioration prompted the Kabaka to conceive the idea of the **KABAKA FOUNDATION (KF)**.

KF was set up in 1996. It is an NGO governed by a Board of Trustees chaired by the Kabaka of Buganda. The Organisation has over 20 years experience in building the capacity of the people in Buganda for sustainable community development. It achieves this mission through the promotion of culture, poverty alleviation, employment creation, environmental conservation, increasing access to health and education and promoting the rights of vulnerable groups in the Kingdom.

WHAT WE DO

1. ENVIRONMENT & AGRICULTURE



2. HEALTH PROGRAM



3. KABAKA'S TRAIL



4. OMUGOTEKO



5. PHILANTHROPY



KF BRANCHES	TELEPHONE	PHYSICAL ADDRESS
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MIDWEST USA 04th - May -2024 www.midwestusa.kf-or.org	+1) 708-539-3208 +1) 765-749-6797	16053 Dobson Avenue, South Holland, Illinois 60473
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KABAKA FOUNDATION CONTACT INFORMATION

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0775473861, 0709678066 | website: www.kf.or.ug | Email: info@kf.or.ug | WhatsApp No: 0775473861

BBNAC'25 WELCOME AND GRATITUDE MESSAGE FROM GGWANGA MUJJE BOSTON

Rebecca Buule
Nansasi
President,
Ggwanga Mujje
Boston



Rhonah
Nakalyowa
Vice President,
Ggwanga Mujje
Boston



On behalf of Ggwanga Mujje Boston, I warmly welcome you to the Buganda Bumu North American Convention 2025 (BBNAC'25). We are honored to host this year's convention in the historic city of Boston, and to welcome the Buganda Kingdom delegation led by the Katikkiro, Oweekitiibwa Charles Peter Mayiga, friends of Buganda, and well-wishers from across North America and beyond.

This year's theme, *"Confronting the Challenges of Mental Health, and HIV/AIDS,"* touches on issues that impact our families, our youth, and our future. These challenges require us to open our hearts and minds, to support one another, and to break the stigma surrounding these topics. BBNAC'25 provides a unique platform for education,

dialogue, and healing within our communities.

We are especially grateful to Ssaabasajja Kabaka, Ronald Muwenda Mutebi II, for his continued guidance and commitment to the well-being of his people. We extend our deepest appreciation for his kind consideration in sending a delegation led by Katikkiro Charles Peter Mayiga to grace this important occasion. Their presence affirms the enduring bond between Buganda Kingdom leadership, and Baganda in the diaspora, and strengthens our shared mission: to uplift and preserve our culture and values.

We invite all delegates to engage fully in this weekend's program through discussions, cultural exhibitions, educational poster presentations, as well as entertainment performances. Every voice

matters, and together, we can inspire meaningful change in our communities here and back home.

To all the volunteers who have worked day and night for almost a full year to organize this convention, we are forever grateful to you for your generosity, hard work, and commitment to Nnyaffe Buganda and our community. Special thanks also go to all our sponsors, donors, and each of you who traveled to be part of this year's Buganda Bumu convention - thank you. Your dedication and presence have made the success of this convention possible.

Once again, welcome to Boston, welcome to BBNAC'25, and welcome home to Buganda in the diaspora. Tubasanyukidde nnyo!

**Ssaabasajja Kabaka
Awangaale!**

BBNAC'25 MESSAGE FROM THE CHAIRMAN ORGANIZING COMMITTEE



It is with great pleasure that we welcome you to BBNAC'25 in Ssaza lya Ssaabasajja Kabaka erya New England.

On behalf of the BBNAC'25 organizing committee we welcome the Katikkiro of Buganda Oweekitiibwa Charles Peter Mayiga, the deputy Katikkiro and finance minister Oweekitiibwa Robert Waggwa Nsibirwa, minister of Buganda's affairs abroad oweekitiibwa

Joseph Kawuki, Abalangira n'Abambejja, ba Jjaja abakulu bebika, and all of you delegates from across the world.

I take this moment to thank the almighty God that has kept us safe, and enabled us to meet again since our last convention in Seattle Washington in 2023. I thank God for protecting Ssaabasajja Kabaka, for the gift of life, and for all those that serve Nnyaffe Buganda.

I would like to thank Ssaabasajja Kabaka for his leadership in the fight against HIV/AIDS, as well as for his commitment to the overall wellbeing of all his subjects. It is such commitment that led us to the choice of this year's convention theme- *"Confronting the Challenges of Mental Health and HIV/AIDS."*

I would also like to thank the entire BBNAC'25 organizing committee for the tremendous

effort in organizing this convention. This has not been an easy undertaking, given the current environment we are all living in, be it back home in Uganda, or here in the North American Diaspora. The organizing committee dedicated this convention to continuing to support Ssaabasajja Kabaka's efforts to fight HIV/AIDS and to help those affected by this virus, especially families, buy raising funds to support the education of affected children. I applaud this effort, and call upon everyone to support this fund drive, because it is a drive for a noble cause.

Our needs might be different in different areas or locales for the Kabaka's subjects but we are all greatly affected by both Mental Health and HIV/AIDS challenges. We all need each and one another in these challenging times.

Once again, I would like to welcome you to Boston and Massachusetts. This is the spirit of America. And if we were in Buganda, I would say welcome to Masaka the Spirit of Buganda. Massachusetts is the home of Education, Medicine, and great institutions of higher education, such as Harvard University, Massachusetts Institute of Science and Technology, Boston University, Boston College, Brandeis University, Tufts University, and other great Universities. Welcome to Boston, to Waltham, Billerica, some of the greatest Ugandan neighborhoods. Please enjoy the convention, and enjoy Massachusetts, the spirit of America.

**Omulangira Herbert Ssuuna
Ddungu**

**Chairman, BBNAC'25
Organizing Committee**

WELCOME AND GRATITUDE MESSAGE FROM THE PRESIDENT OF BBNAC



It is with immense pride and profound gratitude that I welcome you to this year's celebration of the tenth anniversary of the Buganda Bumu North American Convention (BBNAC). This significant milestone serves as a testament to the steadfast dedication and diligent efforts of numerous individuals and communities who have supported and believed in our mission.

Buganda Bumu was established as a mechanism aimed at fostering unity among the Baganda in North America, as well as providing a platform for discussing their [our] cultural heritage, alongside social, economic, and various other issues affecting them [us] both in North America and in their [our] native region of Buganda.

The concept of establishing Buganda Bumu was initiated by seven Baganda associations in North America, in collaboration with the Kabaka's representatives (Ababaka) in the region. Subsequently, three additional Baganda associations joined, resulting in a coalition of ten cohesive and vibrant associations that now represent BBNAC. These associations include: Ggwanga Mujje Boston (GMB), Ggwanga Mujje DC (GMDC), Ggwanga Mujje Midwest (GMMW), Agali Awamu Atlanta, Kamu

Kamu Dallas, Bulungi Bwansi Canada, Baganda Community of NY/NJ, which later became Bulungi Bwansi Buwanjuba, Buganda Heritage Colorado, Buganda Development Cultural Association Seattle WA (BUDECA), and Buganda Ey'enkya, Los Angeles CA.

Over the past decade, we have diligently fulfilled our statutory responsibilities with the support of a small group of dedicated executive members, an accomplishment made possible by the unwavering support of Mengo and Ababaka. Their extensive knowledge, experience, and impartiality have significantly enriched our deliberations on various matters that BBNAC has addressed over the past decade. I am grateful for the collaborative spirit of mutual reliance that has been essential to the sustainability and vibrancy of this convention.

In conclusion, I wish to extend my best wishes for fruitful deliberations and seize this opportunity to express my profound appreciation to all individuals, particularly our board members and supporters, who have played a significant role in the success of BBNAC over the past decade.

*Mr. Wasswa Kivumbi
President/Chairman BBNAC*

BBNAC'25 MESSAGE FROM BUGANDA EY'ENKYA CALIFORNIA



It gives honor and pleasure on behalf of all the members of Buganda Ey'Enkya California to congratulate Ggwanga Mujje Boston, our sister Association and Ssaza, for organizing and hosting this Buganda Bumu North American Convention 2025 (BBNAC'25). This BBNAC'25 has come when we all thank God and celebrate the life of His Majesty the Kabaka of Buganda Ssaabasajja

Ronald Muwenda Mutebi II who turned 70 years this year. Under his "Let's be Healthy" (Tube balamu) campaign, Ssaabasajja Kabaka has been hailed for championing the health & wellness campaigns including that on HIV/AIDS throughout his reign. Ssebo Ssaabasajja Kabaka tukwebaza nnyo olw'okusossowaza ensonga yebyobulamu. We all know that every nation needs her people to be healthy. Ssaabasajja knew it well that a nation's health and well-being are fundamental to its prosperity and stability.

We thank BBNAC'25 for coming up with this theme: "Confronting the Challenges of Mental Health and HIV/AIDS" ("Okwaanngana Okusoomoozebwa Kw'endwadde z'Omutwe ne Mukenenya"). I hope that our engagement in this convention will help us collectively find ways to work together in addressing the Kabaka's call and confronting these challenges affecting our

people both in Uganda and our diaspora communities. Research presents clear evidence of mental health linked to HIV/AIDS, where people living with HIV have significantly higher rates of mental health disorders. Therefore, confronting the challenges of mental health and HIV/AIDS in communities requires different and holistic approaches.

Like other communities in USA, Ugandans and Baganda are not immune to these challenges. Mental health among adults and the youth is overwhelming. In confronting mental health issues, we target the youth as a demographic that is mostly affected by this challenge. Under its leadership, Buganda Ey'Enkya California is working with other local organizations in confronting stigma, together with promoting and encouraging people to have access to care. We are equally collaborating with Ugandan faith organizations on this journey. We believe that

through deliberate and targeted collaborations, we can achieve more.

For Uganda, we encourage the Central Government to work together with the Kingdom of Buganda, other cultural institutions in the country, and local governments in addressing stigma, promoting access to care, and integrating mental health services into HIV care as advised by health experts.

I wish you all good health and blessings as we celebrate BBNAC's ten years anniversary, in Boston.

*Ssaabasajja Kabaka
Awangaale,*

6TH BIENNIAL BBNAC 2025

OBUBAKA BW'ABAAMI BA KABAKA MU PACIFIC NORTHWEST, USA

Eng. Moses Ggayi-Mayanja (Omubaka Pacific Northwest)



Staff Sergeant Martin Kalule (Omumyuka asooka Omubaka)



Omulangira James Aliddeki Walugembe (Omumyuka owokubiri Omubaka)



Tubalamusizza nnyo abantu ba Ssaabasajja Kabaka, era tubeebaza emirimu gyonna gye mukola okukulaakulanya Obuganda. Olunaku lwa leero lukulu nnyo gye tuli bwe twegattira awamu ffe abantu ba Ssaabasajja Kabaka nga tukulaakulanya Obuganda. Ffenna tuli mabega wa Ssaabasajja nga twewaddeyo okulwanyisa endwadde ezikosa obwongo wamu ne mukanenya.

Twebaza Katonda olw'okukuma Ssaabasajja, ssaako n'okutuwa omukisa n'asiima okutulonda okumuweereza. Ffe abaami ba Kabaka wano mu Ssaza lya Pacific Northwest mu America, twongera okuwera mu maaso ga Ssaabasajja nga bwe tujja okugenda mu maaso n'okuweereza Obuganda awatali kumutiiririra kwonna. Twongera okugondera okulagirwa kwa Ssaabasajja, nga tujjukiza abantu ba Kabaka mwenna okunogaanya omulamwa ogw'omwaka guno: "Okulwanyisa obulwadde obukosa obwongo wamu n'obwa

mukenenya". Tubakubiriza twekuume nga tuli balamu. Omulamwa guno Beene yaguggumizza bwe yayogedde eri Obuganda luno jjuuzi ku kuggulawo emisinde gy'okukuza amazaalibwa ge. Tukubiriza abantu ba Kabaka mwenna okukola buli ekisoboka nga tulwanyisa n'okujjanjaba endwadde zino.

Nga tujaganya, n'okwebaza Mukama Katonda emyaka gya Baffe ensanvu egy'obukulu, tujjukire nti emyaka kati giweze kkumi bukya Buganda Buumu North American Convention etondebwa wo, era nga n'ensisinkano eyasooka yali wano mu kibuga Boston, mu Ssaza lyammwe erya New England. Mu kkowe eryo twebaza bannaffe aba Ggwanga Mujje Boston nate okutegeka omukolo gwaaffe guno. Ebibala bingi ebirabwako ebivudde mu nkunjaana eziyise, omuli olw'e Boston (2015), Atlanta (2017), Washington DC (2019), Midwest [Chicago] (2021) ne Seattle (2023).

Twebaza nnyo nnyini ddala olukiiko olukulembeze olwa Buganda Bumu North American Convention, olw' omulimu omunene gwe lukoze okutukunga ne tutaambulira wamu ebbanga lyonna.

Tubeebaza mwenna okujja mu bungi mu BBNAC eya 2025, era tubaagaliza olukunjaana olw'essanyu, emirembe nebibala ebirungi.

Ayi Mukama Katonda, kuuma Kabaka waffe.

Ffe,

Oweekitiibwa Eng. Moses Ggayi-Mayanja (Omubaka)

Staff Sergeant Martin Kalule (Omumyuka w'Omubaka asooka)

James Aliddeki Walugembe (Omumyuka w'Omubaka ow'okubiri)

BANNABUDDU MU AMERICA - Buddu ku Ntikko



Buddu Ssaza, Champions of the 2024 Buganda Masaza Cup

Bannabuddu, era ba champion ba Buganda twaniriza Katikkiro ne bannaffe mwenna mu Ssaza lya Ssaabasajja Kabaka erya New England, mu kibuga Boston ekya Massachusetts 'Masaka.' Era tuddamu okubaaniriza n'okubaagaliza okunyumirwa BNAC'25.

Oweekitiibwa Henry Matovu Ndawula
Oweekitiibwa Margaret Muwonge
Omukungu DC Kiyemba
Geoffrey Kateregga Kaweesa
Solome Mukiibi
Ciprian Musoke
Joshua Sserwanja
Julia Nassamula Kyanja
Mulangira Herbert Ssuuna Ddunga
Lillian Ddunga
Michael Kasozi W Ddunga
Loy Nabayinda
Emmanuel Wasswa Kivumbi
Annette Kivumbi
Olive Christine Nambasa Nsubuga
Moses Yiga
Bruce Nsubuga
Sheilla Matovu
Miir Godfrey
Henry Mukasa
Norah Musoke
Edith Mukasa Namande
Bart Mwebaza
Beatrice Mwebaza
Gerry Namuli Ssali
Lydia Kasirye
Godfrey Zziwa Esq.



ENTEKATEEKA ZA GGWANGAMUJJE (BOSTON CHAPTER) MU MWAKA 2025

Ggwangamujje Boston Chapter y'emu ku birabo ebyava mu Lukuhana Iwa Buganda Bumu olw'omwaka 2015, olwatuula e Boston Massachusetts. Kino kitegeeza nti BBNAC 2025 kijaguzo ky'amyaka kkumi egya BBNAC ne Ggwangamujje, mu Boston.

Nga tugooberera Omulamwa ogw'okutumbula n'okukuuma ennono n'Obuwangwa bwa Buganda mu Ssaza lya New England n'Amassaza amalala ag'America, tulubirira okuzimba embala y'amaka amanywevu n'abaana abagunjuddwa mu mpisa n'obulombolombo bwa Buganda.

Enteekateeka za Ggwangamujje ez'enjawulo za buli mwaka era zituyambye nnyo okukuuma obumu mu bantu ba Ssaabasajja Kabaka mu America; zituwadde omwagaanya okwennyumiriza mu nnono zaffe ng'abaganda; okwagala Ebika byaffe, n'okutumbula ebitone mu migigi emito.

Obukulembeze obulungi okuviira ddala ku Baami ba Kabaka okutuuka ku Bukiiko obwenjawulo, bukola omulimo gwa ttendo okukwanaganya enteekateeka zino mu bantu ba Beene.

Tusiima obujjumbize mu bazadde, naddala obutakoowa kwagaazisa baana baffe Obuwangwa bwabwe nga tubajjumbiza okwetaba mu kumanya obukulu obuli mu kukuuma ennono zaabwe n'okuzaagala.

Abawagizi b'enteekateeka za Ggwangamujje n'abeewaayo okusomesa abaana mwebale nnyo, mwebalire ddala.

Enteekateeka za Ggwangamujje 2025 ziyimiridde bweziti.
(zaffe ffena, tuzenyigiramu).

1. Summer Camp = June /28/2025
@ 41 Terrace hall Ave Burlington MA 01803
Omulamwa: (Buvunaanyizibwa bwange okumanya ki kyendi ng'Omuganda)
Ebisale (Charge): \$ 50.
2. Ggwangamujje Picnic – July /26/2025
ku 41 Terrace Hall Ave, Burlington MA 01803
Free Entry (Donations are welcome).
3. Buganda Day Celebrations – October /4th/2025
Nga tujjukira Ameefuga ga Buganda.

Awangaale Ssaabasajja!

GGWANGAMUJJE BOSTON CHAPTER
Authored by: VANESSA NANZIRI, PUBLICITY.



BBNAC'25 MESSAGE FROM COLORADO BUGANDA HERITAGE FUND



A bagenyi baffe mwenna mu biti byammwe eby'enjawulo, tubaanirizza nnyo mu ssaza lya Ssaabasajja Kabaka lino eritwala Massachusetts, New Hampshire, Vermont, Maine, Connecticut ne Rhode Island.

Twebaza Katonda atusobozesezza okubeera mu lukunjaana luno. Tulina essanyu lingi okwaniriza aleese obubabaka bwa Ssaabasajja Kabaka era twenyumiriza nnyo mu kubeerawo kwa Katikkiro wa Buganda n'ekibinja ky'akulembedde okuva e Mengo mu gavumenti ya Ssaabasajja Kabaka. Kino kiraga enkolagana ennungi ey'obumu eriwo wakati

w'ebibiina byaffe ebya Baganda wano mu mambuka g'America ne gavumenti ya Ssaabasajja Kabaka.

Twenyumiriza mu ntegeka eno ey'okusisinkananga buli luvanyuma lwa myaka ebiri era tukakasa nti nno etuyamba okuggumiza obumu, okubaako kye tukolera awamu, okukuumu ekitiibwa kya Buganda era n'okunyweza Nnamulondo.

Tulina essuubi nti olukunjaana luno olw'omulundi ogw'okutaano era oluweza emyaaka ekkumi bukyanga mukago guno ogwa Buganda Bumu North American Convention (BBNAC)

gutandikawo, lugenda kuvaamu ebibala ebinaagenda e Buganda okukola ku mulamwa nga bwe guli.

**Ssaabasajja Kabaka
Awangaale!**

Moses Ddamulira

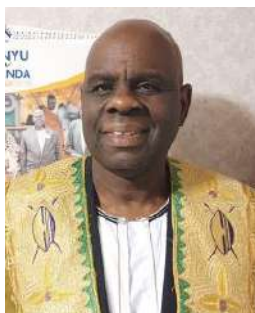
**Ssentebe, Colorado Buganda
Heritage Development Fund**

BBNAC'25 MESSAGE FROM SSAZA EAST COAST (New York, New Jersey, Delaware & Pennsylvania)

*Omubaka:
Oweekitiibwa,
Wycliffe
Lule-Musoke
Ssimwogerere*



*Omumyuka:
Ssebaggala
Kimuli*



My deputy and I are thrilled to be here. On behalf of the Kabaka's people in the Southeastern United States, we extend our warm greetings to you and the delegates at BBNAC'25. Your participation adds value to Buganda heritage. Keep up with this spirit in future.

Special thanks to Ssaabasajja Kabaka, Ronald Muwenda Mutebi II, for honoring us with his message delivered to us today, and for gracing us with a strong Buganda delegation led by Katikkiro, Charles Peter Mayiga.

We would like to recognize Gwanga Mujje Boston for their monumental efforts organizing this weekend's events. Thank you so much for your enormous collective determination to gather us in Massachusetts for the second time in BBNAC life.

Echoing the theme and objectives of BBNAC'25 "Confronting the Challenges of Mental Health and HIV/AIDS", to provide resources for the children affected by HIV/AIDS. BBNAC, through its Baganda member Associations, and in collaboration with the Kabaka's Representatives in the USA and Canada, we are confidently assured and will work hard to support the Buganda Kingdom effort to face this challenge. Buganda Kingdom, through Kabaka Foundation, has done a tremendous job of giving free medical treatments to the affected community,

The orphaned children must navigate life without dedicated support. The BBNAC'25 theme's goal is to come through with financial assistance in the form of school bursaries for children affected by HIV/AIDS. This will be easily achieved when

everyone who is able joins this effort with any amount you can contribute.

OBUBAKA BW'OMUBAKA WA KABAKA MU UK NE IRELAND KU BBNAC'25



Nsooka okwebaza abaweereza ba Ssaabasajja abategese olukunhaana luno - Buganda Bumu North American Convention 2025 (BBNAC'25) n'abo abazze nga bagutegeka okuva lwe gwatandika mu mwaka gwa 2015. Bannaffe mwebale nnyo omulimu guno ogw'etendo. Namusa bonna abeetabye mu Buganda Bumu

ono, naddala abatindizze enyeendo empaavu okujja okumwetabamu.

Omulamwa gwa BBNAC'25 ogwalondebwa "Okwanjanga okusoomoozebwa kw'edwadde z'omutwe ne mukenenya" gujjidde mu kiseera kituufu kubanga gukwata ku bulwadde obumaze ekiseera nga butusoomooza n'okutaganjula empya zaffe.

Uganda ng'ensi obulwadde bw'emutwe ebadde tebutwaala nga kikulu okumala ekiseera. Ky'ewuunyisa nti emirundi mingi oluusi obubonero obw'enkukunala obulaga nti omuntu ayinza okuba nga yetaaga obuyambi bubusibwa amaaso. Emirundi emirala abakugu mu nsonga zino tebeebuziibwako oba tebawulirizibwa. Abandi baalwoozanga nti okuba omulwadde w'omutwe omuntu

alina kumala kugwa kazoole oba kugenda Butabika oba mu ddwaliro ly'omutwe olwo nekiryoka kikkirizibwa nti yeetaaga obuyambi. So ng'ate abakugu mu nsonga eno tulina bangi mu Ggwanga naye ndowooza emirundi egisinga babuusibwa amaaso. Kale kisanyusa nnyo okulaba nga ensonga eno y'emu ku miramba gy'olukunhaana luno. Nsubira nti tujja kuyiga n'okwongera okuzibulwa amaaso mu kwaŋhaanga endwadde eno.

Endwadde ya mukenenya (HIV/AIDS) yali eddiridde naye kati tuwulira nti ezzeemu okutinta. Twebaza nnyo Ssaabasajja Kabaka olw'omulimu ogw'etendo gw'akola mu kulwanyisa nnawookeera ono. Ebibala bya kawefube ono tutandise okubiraba mu ma saza ga Ssaabasajja nga n'ageberu mw'ogatwalidde.

Omulamwa gw'o lukunhaana luno gujja kwongera okuyamba okutambuzza enjiri y'okulwanyisa endwadde eno.

Ntuusa okulamusa okuva eri abakungu, abaami, n'abantu ba Ssaabasajja abawangalira mu Ssaaza lya UK ne Ireland, era abamu basobodde okwetaba mu lukunhaana luno.

Tubaagaliza olukunhaana olulungi olujjudde ebibala n'essanyu ate bwe lunaaba luwedde, buli omu atuuke mirembe gye yavudde.

Ssaabasajja Kabaka Awangaale

Ssaalongo Geoffrey Kibuuka Omubaka wa Kabaka mu UK ne Ireland

OBUBAKA BWA BBNAC'25 OKUVA MU GGWANGA MUJJE MID-WEST

Mr. John Kisekka, Ssentebwe



Mrs. Ritah Luswata, Mumyuka



OKu lw'abantu ba Ssaabasajja Kabaka abeegattira mu kibiina Ggwanga Mujje Midwest, ntwala omukisa guno okusiima wamu n'okuyozayozay abakulembeze wamu n'abantu ba Ssaabasajja Kabaka aba Ggwanga Mujje Boston, mu ssaza New England, olw'entegeka ennungi, n'okutukya mu lukunhaana Buganda Bumu North America Convention (BBNAC) olw'omwaka guno 2025.

Ebigambo bya Katikikiro Charles Peter Mayiga 'Okuzza Buganda Kuntikko' bitusoomooza ffenna ng'Abaganda nemikwano gya Buganda yonna gye tuwangaalira okwegatta n'okukolera awamu okutuukiriza ekirooto kino. N'olwesonga eyo omulamwa gwa BBNAC'25: "Okusomoozebwa Kw'edwadde z'omutwe ne Mukenenya" ffenna gutukwatako. Okugeza, oluvanyuma olw'okuva mu biseera bya lumiima mawuggwe (COVID-19) abantu baffe

baafuna nnyo endwadde y'omutwe ne mukenenya ne yeeyongera obungi mu bantu. Twetaaga abantu ba Ssaabasajja nga balamu ddala kubanga ensi ezimbibwa balamu.

Ng'abakulembeze bekibiina ekimu kw'ebyo ebikola omukago ne (BBNAC), kitukakatako okukunga abantu ba Ssaabasajja okuwagira nga bawaayo ensimbi ezinaayaamba ku Ssaabasajja Kabaka okufuna abasawo abakugu okutuuka kubantu wonna mu ggwanga nga basomemesa ku bulabe bw'edwadde z'omutwe ne mukenenya.

Ng'ekibiina n'essaza lyaffe mu masekkati g'Amerika, twenyigidde mumisinde gy'amaazalibwa ga Ssaabasajja Kabaka ag'omwaka guno 2025 Kabaka mwawereza emyaaka ensanvu (70) egy'okuyuguma. Tulina bannaffe abasawo wano mumasekkati g'Amerika ng'omulimu gwabwe omunene kusomesa bantu ba Ssaabasajja

kukusomoozebwa kw'edwadde z'omutwe (Mental Health), era ng'omulimu guno bagukoze bulungi ddala.

Tusabira Ssaabasajja Kabaka Ronald Muwenda Mutebi II Katonda ayongere okumukuumu, era amuwangaaze, asobole okulamula Obuganda.



BRASCO & SONS MEMORIAL CHAPELS

*Congratulations to BBNAC on your
10th Anniversary. We wish you a happy and
fruitful Convention 2025.*



**773 Moody Street,
Waltham, Massachusetts
02453**

**325 Trapelo Road,
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SSAZA - CANADA



Oweekitiibwa
Estella Namakula Muyinda



Omumyuka Asooka
James Kaddu Nsubuga



Omumyuka
Ow'okubiri Florence Sebutinde



TUYOZAAYOZA BBNAC
OKUTUUKA KU MYAKA
EKKUMI

EBIGENZE BIBAAWO MU SSAZA CANADA, 2023-2025



EMISINDE GYA KABAKA RONALD MUWENDA MUTEBI II -
BEENE WALK/RUN FOR MENTAL HEALTH AWARENESS - NGA TULI
N'OWEEKITIIBWA JOSEPH KAWUKI N'OMUKUNGU EDDIE NDAGALA



ABAANA BA LUGANDA ACADEMY CANADA - KU
OBUNTU CAMP NGA BAYIGA ENNONO NE STEM



OMUVUJIRIZI- NEXIM HEALTHCARE CONSULTANT INC.
SPECIALIST RECRUITMENT N'OMULANGIRA JJUNJU



OKUGABA OMUSAAYI KABAKA
FOUNDATION CANADA



OKUSABIRA SSAABASAJJA KABAKA RONALD MUWENDA MUTEBI II MU MASINZIZO MU SSAZA CANADA

6TH BIENNIAL BBNAC 2025

MESSAGE FROM BULUNGI BWANSI BUVANJUBA

Charles
Michael
Muvawala
Katende PhD
- Chair



On behalf of the entire Baganda Association of New York (BBB), we extend our warmest congratulations on your remarkable 10th anniversary and convening the BBNAC25 convention! For a decade, BBNAC has served as a powerful and unifying voice for Baganda associations across the United States, achieving significant milestones in preserving our culture, fostering community, and supporting our people. We commend your unwavering dedication and the impactful achievements you've accomplished over these past ten years.

We also extend our heartfelt congratulations to His Majesty, the Kabaka Ronald Muwenda Mutebi II, for his steady and visionary leadership of the Buganda Kingdom. His guidance and commitment to the well-being of the Baganda people

inspire us all. We are deeply honored and grateful that His Majesty has sent a representative to grace the BBNAC25 convention with their presence. This demonstrates his continued support for the Baganda diaspora and strengthens our collective spirit. Congratulations, Omutanda, on your 70th Birthday!

We express our profound gratitude to His Majesty and the Buganda Kingdom Government, led by Katikikiro Charles Peter Mayiga and his Team, for their tireless efforts in combating HIV/AIDS. The Kingdom's initiatives, including Ebyoto, Soccer Tournaments, and the now globally renowned Kabaka Birthday Run, have demonstrably made a difference and improved the health and well-being of countless individuals. Building on this remarkable success, we believe addressing mental health

challenges within the Kingdom would be equally crucial. Integrating mental health services into existing healthcare frameworks would significantly enhance the overall well-being of the Baganda people.

BBB is incredibly proud to be a part of the now legendary group, the BBNAC. We reaffirm our commitment to continued dedication and support to the group's mission, working collaboratively to strengthen our bonds and contribute to the prosperity of our Baganda community in the US.

Thank you, BBNAC! And thank you, Gwanga Mujje Boston, for hosting us!

*Charles Michael Muvawala
Katende PhD - Chair*

Michael Magala - Secretary

THE UGANDAN CATHOLIC COMMUNITY IN THE ARCHDIOCESE OF BOSTON (UCCB) WISHES YOU A SUCCESSFUL 2025 BUGANDA BUMU CONVENTION



he has exhibited. We pray that our heavenly Father may grant him more years to reign over a peaceful Buganda Kingdom, fill him with joy, give him decent health and abundant blessings. We also pray for peace and prosperity over Buganda and Uganda as a whole.

*Ayi Mukama kuuma
Ssaabajasajja Kabaka
Empologoma ya Buganda
Awangaale*

I therefore, take this opportunity to wish the Buganda Bumu North American Convention cheerful and productive deliberations for the greater future of the Kingdom of Buganda.

About UCCB: We are a community of Catholic Christians of Ugandan origin in the Archdiocese of Boston. We accept that each and every one of us has been chosen by God to be a worker in His vineyard and a builder of His kingdom here on earth. We are mindful that the family is the domestic Church where the faith is first caught and taught and we believe that God is already at work among us and within the global fellowship of the Roman Catholic Church.

We entrust ourselves to the intercession of the Blessed Virgin Mary and the Holy Martyrs of Uganda.

For over 20 years, as a community we organize the Celebration of the feast of the Ugandan Martyrs who became our great heroes, our heritage and our models in faith. They remained steadfast in their faith, which they professed and practiced with such exceptional courage. In remembering their faith, courage and hope, every year Ugandans are joined by the universal Church to thank God who strengthened them while they faced such terrible persecutions. Like the Maccabean martyrs (2Maccabees 6:18-31; 7:1-42), they never gave up on their faith. At this year's Uganda Martyrs' Day celebration, we are invited to renew our faith and foster unity, after the example of the Holy Martyrs of Uganda.

Having said that, please allow me to invite all you, guests of Buganda BumU in Boston, to join us at this year's 2025 Uganda Martyrs' Day Celebrations that will start with Holy Mass at St. Mary's Catholic Parish, 133 School Street, Waltham, MA.

The procession starts at 12.30pm, and we are privileged to welcome his Lordship Rt. Rev. Serverus Jjumba, Bishop of Masaka Diocese as our guest of honor and main celebrant.

Subsequently, there will a dinner reception for all pilgrims and guests at the **Boston Marriott Newton Hotel, 2345 Commonwealth Avenue, Newton Ma at 5:00pm**. You are all kindly requested to make a donation for the dinner. Tickets can be purchased online at www.uccb.us. Please endeavor to join us as we honor the legacy of the Uganda Martyrs, whose faith and courage inspires us to walk together as pilgrims of hope.

Once again, I wish you a fruitful celebration, may God bless you all and I hope to see you there!

Sincerely

Michael Mukisa

*Chairman, Ugandan Catholic
Community in the Archdiocese
of Boston.*

GOn behalf of the Executive Committee, the Leadership Council, all members of the Ugandan Catholic Community in the Archdiocese of Boston – UCCB, I would like to thank the chairperson and Buganda BumU North American Convention 2025 organizing committee for the tremendous work you have done to organize this convention. This year, 2025 is remarkable in the Kingdom of Buganda for we have just celebrated the 70th birthday of Ssaabasajja Kabaka Ronald Muwenda Mutebi II.

Congratulations to Ssaabasajja Kabaka, upon his 70th birthday. We thank God for his wisdom, and for the enduring leadership



THE UGANDAN CATHOLIC COMMUNITY IN THE ARCHDIOCESE OF BOSTON

joyfully extends warm congratulations to the 2025

BUGANDA BUMU NORTH AMERICAN CONVENTION
on your

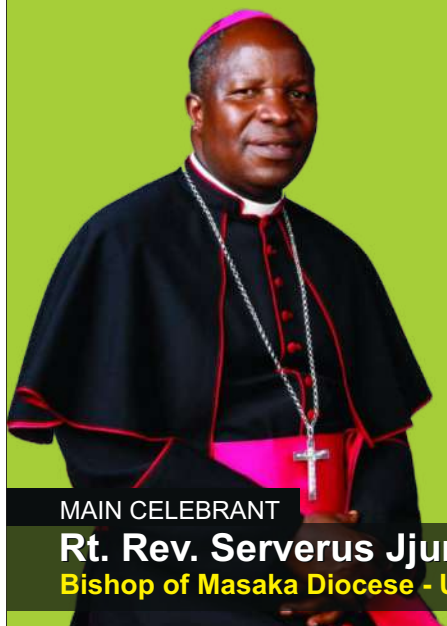
Happy celebrations

We are a vibrant community of Ugandan Catholic Christians in the Archdiocese of Boston, embracing our calling as co-workers in God's vineyard and builders of His kingdom on earth. Rooted in the belief that the family is the domestic Church, where faith is first nurtured and shared. we walk together, guided by the Holy Spirit, in fellowship with the global Roman Catholic Church.

Entrusting our journey to the loving intercession of the Blessed Virgin Mary and the Holy Uganda Martyrs, we invite you to join us for a special celebration:

the **FEAST** of
Uganda Martyrs 2025

SUNDAY JUNE 15TH 2025



MAIN CELEBRANT

Rt. Rev. Serverus Jjumba
Bishop of Masaka Diocese - Uganda

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OBUBAKA BWA BBNAC'25 OKUVA MU BULUNGIBWANSI CANADA

Mr. Mark Lubuulwa, Chairman, Bulungibwansi Canada



Bulungibwansi Canada is proud to stand with fellow BBNAC members in championing

the heritage, wellness, and unity of the Buganda diaspora across North America.

Our People-Centered Programs:

1. BEENE Walk/Run for Health Awareness (Mental Health, HIV/AIDS, Sickle Cells Disease, Fistula, etc.)

The Walk/Run is held annually in June to commemorate Ssaabasajja Kabaka's birthday. During the event, we engage the community by sharing information and encouraging members to learn more about mental health. We use the referral and collaborative approach to direct members to resources. This year's theme focuses on HIV awareness with men in leadership, paired with youth-led online mental health dialogues that provide safe, inclusive spaces for healing, support, and education.

2. The Bulungibwansi Youth Forum:

Globally, youth make up the majority of the population,

placing them at the heart of Bulungibwansi's mission is not just strategic, but essential for sustainable impact since we get to understand their challenges and preferences. According to Angela Nakayiwa, the secretary and Youth coordinator, *"being a young adult today isn't easy. Many of us are juggling school, work, family, and the longing to stay connected to our identity as Baganda in the diaspora while quietly facing anxiety, depression, and pressure to succeed. By joining Bulungibwansi Canada, we have gained more than a community, we have found purpose"*.

3. The Luganda Academy – (Since June-2023).

Hosted virtually every Sunday afternoon from (3:00 pm - 5:00 pm), the Luganda Academy led by Mr. Mark Lubuulwa, Oweekitiibwa Estella Muyinda, Ms. Joyce Mugisa, and Ms. Jane Kirabira, offers language instruction and cultural learning for beginners, intermediate learners, and fluent speakers. With over 30 active participants, we teach reading, writing, and speaking Luganda correctly, while also exploring Buganda's customs, values, and traditions.

According to Ms. Joyce Mugisa, *"The Academy is building a strong cultural foundation for the next generation"*.

4. Kabaka's Prayer Day and Royal Dinner – Celebrating our Heritage.

Our most vibrant cultural gathering, the Buganda -Kabaka's Prayer Day and Royal

Dinner held in October every year to celebrate and pray for Ssaabasajja Kabaka and the Buganda Kingdom. According to Pastor Peace Nakayima, *"The evening features traditional attire, poetry, dance, music, and drama, while fundraising for Kingdom programs. This year's event [will] puts [put] a spotlight on youth and children's participation, ensuring Buganda culture and leadership are passed on with pride"*.

In all we have done and continue to do, we express deep gratitude to Kabaka's Representatives in Canada, Oweekitiibwa Estella Namakula Muyinda, and her deputies, Mr. James Nsubuga Kaddu, and Mrs. Florence Nabawanuka Ssebutinde for their leadership and counsel.

BBNAC'25 MESSAGE FROM BUGANDA DEVELOPMENT CULTURAL ASSOCIATION (BUDECA)



Fefe aba Buganda Development Cultural Association (BUDECA) twagala okukozesa omukisa guno okwebaza Gwanga Mujje Boston okutegeka olukungaana luno Buganda Bumu North American Convention 2025 (BBNAC'25). Ekibiina kyaffe BUDECA kyategeka BBNAC 2023, era tumanyi nti omulimu ogwo simwangu.

Tubatusaako obubaka obuvudde mu basajja n'abazaana ba Kabaka abatuula mu ssaza lyaffe wano mu Pacific Northwest.

Tuyina enkolagana nungi etusobozesa okujjumbira

awamu n'okukwatira awamu ku Buganda yaffe ne Ssaabasajja Kabaka. Omwaka guno, essira tugenda ku lissa ku kunyweza eby'obuwangwa, empisa n'obulombolombo bw'Abaganda, wamu nebirala ebitwetoolodde mu nsi: Okugeza, twagala okuyigiriza abaana baffe olulimi oluganda wamu ne Science, Technology, Engineering and Math (STEM). Ababuvuka ly'essuubi lya Buganda. Okubayigiriza Oluganda awamu ne STEM kijja kubayamba okuyiga empisa n'ennono za Buganda awamu n'okusobola okufuna emirimu emirungi mu nsi nga bakuze. Buli mwaka tuyina emizannyo gy'abaana (Jaguza Buganda) ne Royal Dinner yaffe ejja okubeerawo

mu mwezi gwa Museenene 2025.

Nebaza nnyo abavudde e Buganda okutwegattako mu Lukiiko luno nga bakulembeddwa Katikkiro Charles Peter Mayiga. Nsaba omutonzi abakuume nga muddayo e Buganda.

Tuyozaayoza Ssaabasajja okutuuka ku kkula ly'okuweza emyaka 70 egy'ekitibiwa. Tumwagaliza ekisa kya Katonda, n'obulamu obulungi.

Wangaala ayi Ssaabasajja Kabaka.

Eng. Hamza M. Bunnya, Ssentebe



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BBNAC'25 MESSAGE FROM GGWANGA MUJJE DC



Greetings from *Ggwanga Mujje* Washington, D.C.

It is with immense pride and a spirit of solidarity that we join you for this year's BBNAC, convened under the timely and powerful theme: "Confronting the Challenges of Mental Health and HIV/AIDS."

We commend *Ggwanga Mujje* Boston for their visionary leadership in organizing this

gathering. As a community, we are reminded that our collective strength lies not only in preserving our cultural identity, but also in addressing the pressing social and health challenges impacting our people, both in Uganda and across the diaspora.

At *Ggwanga Mujje* DC, we have made it a priority to support initiatives that promote Buganda's heritage while delivering meaningful support to our members. Through cultural galas, life insurance programs, financial literacy, business networking forums, and charitable efforts, we continue to sow the seeds of unity and community empowerment.

Our *Luganda Academy* remains a cornerstone of this mission, helping young people connect deeply with the richness of our language and traditions. This work is essential to ensuring

that future generations carry our identity forward with pride and confidence.

We also take great pride in our collaboration with the *Kingdom of Buganda* on initiatives such as the annual *Kabaka Birthday Run*, which brings our community together in the fight against HIV/AIDS, a cause that resonates deeply with this convention's theme.

Last year, *Ggwanga Mujje* DC hosted a successful *Egisakaate* camp, organized a *Buganda Day* workshop, and held a book signing with *Nnaabagereka Sylvia Nagginda*, celebrating the richness, resilience, and elegance of our culture. Our youth workshops have placed special emphasis on mental health awareness, tackling an issue that is too often stigmatized, yet increasingly critical to the well-being of our community.

As we come together in unity, let us reaffirm our shared commitment to building a healthier, stronger future for *Buganda* and *Uganda*.

Above all, may this convention serve as a reminder that although we may be separated by geography, we are bound by a common heritage, a shared vision, and a powerful allegiance to our *Kingdom* and our people.

Wangaala Ayi Ssabasajja Kabaka.

With gratitude and respect,

Daniel Kawuma
President, *Ggwanga Mujje* DC



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Nassuuna,
Omubaka



Omukungu
DC Kiyemba,
Omumyuka



Nsanyuse okutuusa okulamusa okuva mu bantu ba Ssaabasajja Kabaka wano mu Ssaza lya Rocky Mountain Region. Tubeebaza mwenna okubeerawo era

Tubaagaliza olukungaana olulungi.

Tuyozaayoza bannaffe aba Ggwanga Mujje Boston olw'omulimu omulungi bweguti okutegeka olukungaana lwaffe olw'omulundi ogw'omukaaga olwa BBNAC'25

Emyaka giweze kkumi bwe ddu kasookedde lutandika era Ssaabasajja Kabaka Ronald Muwenda Mutebi nasiima lugende mu maaso.

Twaniriza Katikkiro ne tiimu ye yonna evude e Mengo, era tubakulisa okutindigga olugenda okusobola

okubeerawo. Omulamwa omulundi guno mukulu nnyo ogugamba nti: -

“Okwanjaanga Okusoomoozebwa Kw'endwadde z'Omutwe ne Mukenya”

Twesunze okufunamu eby'okuyiga bingi mu lukiiko luno era nebibala okuyamba abantu ba Beene mu Buganda era newano mu America gye tuwangaalira.

Katutwale omikisa guno okuyozayoza Ssasbasajja Kabaka okutuuka ku mazaalibwa ge ag'emyaka Nsanvu (70) egyobukulu. Tusaba Mukama amwongere emikisa, era

n'obulamu obulungi.

Twabaza Ssentebe we kibiina kyaffe Mr. Moses Ddamulira (Colorado Buganda heritage

fund) olw'okuwagira entegeka zonna n'emirimu gya Ssaabasajja. Neebaza akakiiko k'Omubaka, okusingira ddala Omuk. D. C. Kiyemba, Mr. Senoga Ntege n'omukyala Margaret Kasenge Senoga, Ms. Milly Byandaala, Muky Grace Kijjambu, Mr. Micheal Semakula, Omumbejja Molly Mazzi. Mr. Musa Kyambadde ne Dr. Lawrence Musanje olw'okuvugirira emirimu gya Ssaabasajja Kabaka, mubyensimbi Nobuwi bwamagezi. Temujjanga okwo!

Mwebale nnyo abazadde abaweereza oba abaleese abaana okwetaba mu lukungana. Emiti emitu gye giggumiza ekibira!

Ssaabasajja Kabaka Awangaale!

CONFRONTING THE CHALLENGES OF MENTAL HEALTH AND HIV/AIDS

BY Stella Nakanjako, (13 years old)

Mental health is an important part of our lives. To live a positive and healthy life, maintaining a strong mindset is essential. Because of its big impact in our life, ruining it or it being destroyed could leave a change that most of the time could not be fixed.

Mental health is super important because it affects how we think, feel, and act. Just like we need to take care of our bodies by eating healthy and exercising, we also need to take care of our minds. When our mental health is good, we feel happy, confident, and ready to face challenges. But when our mental health is bad, it can make us feel sad, anxious, or even angry for no reason. It can also make it harder to focus at school, enjoy time with friends, or do things we usually like. That's why it's so important

to talk about our feelings, ask for help if we need it, and find ways to relax and take care of ourselves.

Mental health can be affected by many things in life, including big changes or problems. For example, having a serious illness like HIV or AIDS can really impact mental health. HIV (Human Immunodeficiency Virus) is a virus that weakens the immune system, making it harder for the body to fight infections. AIDS (Acquired Immune Deficiency Syndrome) is the final stage of HIV and is a very serious condition. If someone is diagnosed with HIV or AIDS, they may feel scared, worried, or even depressed about their future. They might feel isolated because others might not understand their illness or avoid them out of fear. This can make it even harder to stay positive and

healthy mentally.

When someone has HIV or AIDS, they may also struggle with stigma or discrimination. People with HIV may face judgment from others because of the way the virus spreads, which can lead to feelings of loneliness and low self-esteem. It's important for everyone to be kind and supportive to people who are going through tough times like these. If we show understanding and care, it can help improve their mental health and remind them they are not alone. Mental health is connected to our overall well-being, and caring for both our minds and bodies can help us live healthier, happier lives.

Having HIV or AIDS is not good because it weakens the immune system, making it harder for the body to fight off infections. If left untreated, HIV can progress into

AIDS, which can cause serious health problems. People with HIV or AIDS often feel sick and tired more often, and they may need to take medications for the rest of their lives. This can also affect their mental health, causing feelings of anxiety, fear, or loneliness. It's important to prevent HIV by taking precautions, like using protection during sex and getting tested regularly to keep yourself and others safe.

In conclusion, mental health is important due to its positive impacts on your whole life, but can become negative once a bad event happens.

BBNAC'25 MESSAGE FROM ESSAZA MID-WEST – CHICAGO, ILLINOIS

Omubaka
Abdulaziz
Ddamulira



On behalf of Kabaka's subjects, friends and neighbors in the Mid-West USA, the Office of Ssaabasajja Kabaka's Representative Midwest, sends warm greetings and congratulations to the organizers and participants on the occasion of BBNAC's 10th anniversary.

We warmly welcome the Katikkiro of Buganda, Oweekitiibwa Charles Peter Mayiga, Omulangira David Wassajja, Deputy Katikkiro Asooka, Oweekitiibwa Robert Wagwa Nsibirwa, the Minister in Charge of Buganda Affairs in the Diaspora, Oweekitiibwa Joseph Kawuki and all delegates from Uganda.

The 10th anniversary of BBNAC comes at a time when celebrations marking Kabaka Mutebi's 70th Birthday are still ongoing. Long Live Ssaabasajja

Kabaka!

The BBNAC 25 Convention theme is a very delicate subject. Most people still view it as a taboo; a topic to be steered away from. Here, in the Midwest, many of us are becoming increasingly aware of the 'red flags', fast and initial action and most importantly open up and meeting the challenges of mental issues and accompanying crises. Thanks to one of our own qualified mental health professional, Dr. Sebastian Ssempijja, who—on so many occasions—has made it a point to discuss mental health and interact with us in a language we understand.

We have high hopes that this convention will go a long way on the journey of confronting the challenges of mental health.

Wishing all panelists, participants and organizers

fruitful discussions.

We hope all delegates and guests will have a safe and fruitful stay in Boston.

Wishing everyone a joyous event.

AWANGAALE SSAABASAJJA KABAKA!

Omumyuka
Ssaalongo
Robert
Kiggundu



OBUBAKA BWA BBNAC'25 OKUVA MU KAMU KAMU DALLAS



Ffe ba KAMU KAMU Dallas, okuva mu Bbendobendo ly'Obukiika kkono bw'Amaserengeta g'America (Southwest, USA) erikulemberwa omubaka wa Ssaabassajja Dr. Frank Ssentamu n'abamyuka be, twenyumiriza nnyo mu Buganda Bumu North American Convention (BBNAC), omukago mwe tutaambulira ng'abantu ba Ssaabasajja Kabaka mu North America.

Ennyingo ssinzigu eya Kamu Kamu kwe kuba obumu nga bazzukulu ba Kintu, okweyigiriza olulimi Oluganda n'ennono za Nnyaffe Buganda. Tulina bingi bye twakatuukako nga mwemuli okukyaza Beene yennini mu 2001, okwo ssaako okutegeka ekisaakaate kya Nnaabagereka jjuuzi, eky'etabwamu abavubuka okuva mu masaza ga Ssaabassajja agatali gamu wano mu America. Nnyaffe Nnabagereka yennyini ye yali omusomesa omukulu, era naggulawo ekifo kye twabbulamu Kisaakaate Park. Bulijjo tugenda mu maaso n'okweyigiriza eby'obuwangwa bwaffe ssaako n'okuteekawo emisomo egikwata ku mbeera ez'obulamu bwaffe.

Tukubiriza nnyo bannaffe okujjumbira emirimu n'okwagala Obuganda nga tujjukira nti yonna gye tuli ffe maanyi ga Buganda. Tussa ekitiibwa awamu n'okwagaliza Ssaabassajja Kabaka obuwangaazi awangale.

Agundegunde Ayi Ssaabasajja Kabaka.

Mathias Kyobe, Ssentebe

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SSAZA WASHINGTON DC, MARYLAND, VIRGINIA WEST VIRGINIA

OMUBAKA:
Oweek,
Margaret
Mwongwe



Congratulations Boston! A memorable day indeed!

A two-fold celebration not only as hosts a second time of the 5th BBNAC but on the 10th anniversary of the investiture ceremony of the Ababaka ba Ssaabasajja mu America ne Canada (Kabaka's Representatives in North America and Canada).

As we gather in Boston, the challenge, 'Confronting the Challenges of Mental Health and HIV/AIDS' could not have come at a better time as the future of world health is on a life-changing trajectory, locally and globally, after the United States abruptly dismantled all international health initiatives and turned world health upside down putting many lives in peril. In addition, the American workforce, as we know it, is being transformed into something unseen before, with thousands and thousands losing their jobs. Under such uncertainty and unpredictability, mental health for young and old, the situation is extremely serious and for many, it is the sound of a death knell.

Complex as we know it, our

African cultures bundle the plethora of mental health into a single taboo and attach a stigma. Fortunately, our communities in the diaspora, are becoming more and more aware of the need to the engage and do something for their kids. They have recognized and identified usable beliefs and norms embedded in cultural infrastructures. Starting with self-identity, both adults and kids can begin to tackle the more pressing issues like identity crisis—a critical factor fueled by technology everywhere. Immigrant parenting is double trouble; there is no 'village' to raise a child. In this boiling pot of a multi-cultural environment, adults themselves do not fully understand it any better. Many are organizing self-help initiatives around cultural activities to engage and listen to the kids instead of 'talking at' them. The challenge is to strike a balance between what we think are acceptable values and norms and empower the kids. Many kids identify social media as a very critical trigger for them and suggest some solutions for a starting point for kids: taking regular breaks; limiting screen time; and simply deleting the apps. Two of these are: listening,

decoding and processing what kids are communicating to us; and the other, assessing and understanding the individual and unique mental tolerances and vulnerabilities of each child. This may be one pathway to a more sustainable and meaningful strategy, which we can share with our local communities like schools, churches, extra-curricula programs, raise awareness, advocacy and contribute meaningfully. We can no longer outsource initiatives to the state, church programs and/or mental health professionals.

Terminating USAID as swiftly as it was done, the impact back home and consequences are permanent and starting to emerge. We must change the mindset and create our own philanthropy structures because we no longer have a donor infrastructure that most of us grew up with. It is we, in the diaspora who must fill that void and pull ourselves by our own bootstraps.

*Office of Kabaka's
Representatives*

*Ssaza: Washington DC,
Maryland, Virginia and West
Virginia*

**OMUMYUKA
ASOOKA**
Robert Kajjoba



**OMUMYUKA
OWOKUBIRI**
Susan
Nakazibwe
Kalule



OBUBAKA OKUVA MU SSAZA LYA SSAABASAJJA - NORTHERN CALIFORNIA NE NEVADA



*Omubaka Oweekitiibwa,
Patrick Nalikka Ssendegeya*



*Omumyuka
Omukungu, Paul Kiruuta*

Mbalamusizza bannange mwenna abazze mu lukunnyaana lwaffe olw'omwaka guno, BBNAC'25, wano mu Boston, Massachusetts. Nneebaza abategesi mwenna, abakoze obutaweera okulaba nti lugenda mu maaso, nga tebeerekereza mu makkati g'okusoomoozebwa okw'amaanyi.

Mbasabira okufuna n'okuteesa okw'omuggundu ku binaatusa Buganda ku

Ntikko, ku nsibuko n'eno gye tuwangaalira.

*Awangaale Ssaabasajja
Kabaka!*

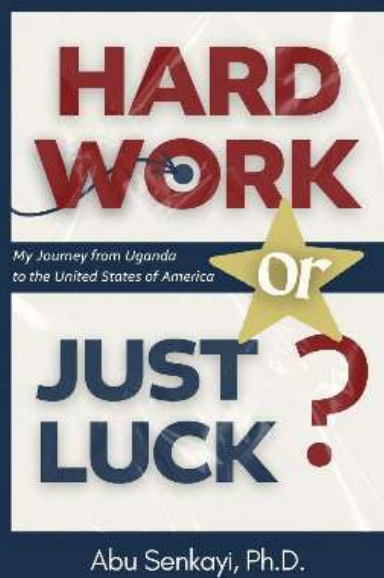
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In Was It Just Luck? Dr. Abu Senkayi shares the extraordinary true story of how he transformed impossible beginnings into a life of achievement, leadership, and purpose. From a childhood marked by poverty and family upheaval to earning scholarships that carried him across continents, to welcoming royalty as a cultural ambassador, every chapter of his life feels like an impossible door that

somehow opened.

But behind every twist of fate was a simple truth: he never gave up.

This memoir takes you through classrooms and laboratories, across the breathtaking landscapes of East Africa, and into the heart of American public service. And above all, it answers the question we all ask: Is success something we create... or something we're given?

Publisher: Eagle Wings Press (Dr. Dennis Sempebwa)

Publication Date: TBD (Before end of 2025)



Abu Senkayi, Ph.D.
Author of the upcoming book: "Hard Work or Just Luck? My Journey from Uganda to the United States of America"

OBUBAKA OBUVA MU SSAZA LYA SOUTHWEST USA-DALLAS, TEXAS (Texas, Oklahoma, Arkansas, Louisiana ne New Mexico)

OMUBAKA:
Dr. Frank
Ssentamu



**OMUMYUKA
ASOOKA**
Jackie
Nakalema
Kanaakulya



**OMUMYUKA
OWOKUBIRI**
Ssaalongo
Mikayiri
Nindakawo
Mukasa



OMUWEEREZA
Margaret N.
Kyakuwa



Ku lw'Abantu ba Ssaabasajja Kabaka abawaangalira wano mu Bukiika-kkono bw'amaserengeta ga America ey'amambuka, nze, awamu n'Abamyuka, Omumbejja Jackie Nakalema Kanaakulya ne Ssaalongo Mikayiri Nindakawo, Mukasa tutwala omukisa guno okwaniriza abo bonna abasobodde okwetaba ku mukolo gwa Buganda Bumu North American Convention (BBNAC) ogwa 2025. Twebaza nnyo nnyini ddala abakulembeze ba Ggwanga Mujje (Boston), abakoze omulimu omulungi ennyo okutegeka olukiiko luno olutugatta ffenna abaana ba Kintu abawangalira wano mu North America ne Canada.

Tusaasira nnyo abasajja n'abazaana ba Ssaabasajja Kabaka abatukiddwako ebizibu eby'enjawulo mu biseera bino, naddala abalwadde, abataataaganyiziddwa mu by'obutuuzi, eby'enfuna, wamu n'abafiriidwa abantu ba bwe. Mu ngeri y'emu, tusanyukira wamu n'abafunye ebirungi.

Obuweereza

Jjuuzi luno nga 26/4/2025, e Ssaaza lyaffe, lyakola ebikujjuko by'okukuza Buganda Day eya 2025 wamu n'okujjuka amazaalibwa ga Beene, ag'emyaka 70 egy'ekitiibwa. Omukolo gwategekebwa bannaffe aba Kamu Kamu Dallas mu kifo ky'Eksaakaate kya Nnaabagereka mu Dallas/ Fort Worth. Ng'abamasaza amalala, naffe twasobola okudduka emisinde gy'amazaalibwa g'Omutanda,

okusonda ensimbi za bursary z'abaana ba Buganda abatawanyizibwa obulwadde bwa HIV/AIDS, era n'okugabula buli yeetaba mu bikujjuko. Ku mukolo gwe gumu, ebbaluwa zobuweereza eza Luwalo Lwaffe eza 2024 zaawebwa abajjumbira enkola eyo. Lyali ssanyu gyereere ng' abaana ba Kintu balaga Omwoyo gwa Buganda Ogutafa!

Mu 2024, Ssaabasajja Kabaka yasiima, e ssaza lyaffe n'alyongerako Omumyuka Ow'okubiri, Ssaalongo Mikayiri Kiwekette Kalazane Mukasa Nindakawo, musajja nvuumuulo, mukenkufu mu cyber technology, mulimi, era munna bya nfuna nnyo; awaangalira mu kibuga Houston, Texas. Omukungu Ssaalongo Mikayiri Mukasa, mutabani w'omugenzi Victorio Musisi Mbidde Nyago (Wanzu), agalamidde e Namasiga, Bukerere, Kyagwe, muzzukkulu wa Mikayiri Kalazane Kisirinya, agalamidde e Buyaga, muzzukkulu wa Ssaalongo Musajja Agulanyago, era muzzukkulu wa Mulagwe, agalamidde mu Kyaggwe. Omukungu Ssaalongo Mukasa, y'omu ku baatandikawo ekibiina ky'Abaganda ekya Buganda Buladde, mu kibuga Houston, Texas. Banabugandabuladde, be baategeka omukolo gwa Buganda Day ogwa 2024, omukolo ogwali ogw'ekitiibwa ennyo. Tubeebazaamu ak'ensusso, okujjumbira ennyo enkola ya Luwalo Lwaffe eya 2024.

Mu ngeri y'emu, e ssaza lyaffe lyenyumiriza mu mukisa

era n'obwesigwa Maama Nnaabagereka bwe yatussaamu, n'atuwa obuvunanyizibwa okutegeka Eksaakaate kya Nnaabagereka ekya 2024, wano mu Dallas, Fort Worth. Omukolo gwali gwa byafaayo nnyo era gwasomba abebule nebweya. N'olwensonga eyo, Eksaakaate Kya Nnaabagereka, kyafuniramu ekitebe kiramba era ekiberebye wano mu North America! Twesunga okukozesa ekifo kino okugunjula abaana baffe nga tweyambisa enkola ey'Eksaakaate Kya Nnaabagereka.

Eby'obulamu:

Twatandika kaweeefube ow'okumanyisa n'okusomesa wamu n'okwanukula ebibuuzo ebikwata ku by'obulamu. Omusaale mu tekateka zino, ye mukyala ow'e Nseenene - Margaret Nakimera Kyakuwa. Omukenkufu ono, yakuguka mu Family and Psychiatry, ng'ali ku ddaala erya Nurse Practitioner (MSN, APRN, FNP-BC, PMHNP-BC). Omusawo waffe ono, yawaayo obudde okusomesa era n'okwanukula ebibuuzo by'abantu ku mukolo ogwategekebwa ekibiina kyaffe ekya Kamu Kamu. Ku lwa Beene, omukenkufu waffe ono, yeeyama okukola ekisoboka, okuyamba buli alina ensonga y'ebyobulamu egwa mu bukugubwe.

Awangaale Ssaabasajja Kabaka wa Buganda!

6TH BIENNIAL BBNAC 2025



Waalabyeki
Magoba



Omubala ye njjoma entongole ekubibwa nga erombojja ebigambo ebikulu ennyo mu buli kika. Anti ne bajajjaffe baalugera nti “Tezirawa njjumba.” Amakulu nti enjjoma(emibala), tezivugira bwereere.

*Bugagga Mutale
Ttendo*



32 | Confronting the Challenges of Mental Health and HIV/AIDS



by' emibala egy' enkima ne ffumbe. Lumu Mugema ow' enkima yali yeesanyusaamu n' ekisoko kyabwe kino "Sennya Enku twokye ennyama".

Omutaka Walusimbi bwe yaguwulira n' ajja alye ku nnyama. Ko Mugema nti tetulina nnyama tubadde twesanyusaamu bwesanyusa wano. Walusimbi bwe yaddayo ewuwe, bwe waayitawo ennaku naye ewuwe ne bakuba omubala nti "Basengejja banywa omwenge". Mugema bwe yaguwulira yajja ewa Walusimbi anywe ku twenge, Walusimbi n'amugamba nti Aaa tetulina mwenge wano tubadde twesanyusaamu bwesanyusa n' abantu bange.

Tukuba emibala ku mikolo egy' embaga; k' ebe ya mulenzi oba ya muwala. Era tukuba emibala mu kwabya ennyimbe, anti omukolo guno gutegeza nti okukungubaga kuweedde. Omugenzi yagenda, kati nno ffe abakyali abalamu tuddemu tusanyuke. Tugukuba nga omusumisi amaze okweyanjula, era bw' amala okussaako omusika nawo tukuba omubala. Omukubi w'omubala ateeddwa okuba n'obukugu obwozeza enjoma n'eminyolo obulungi okusobola okugyayo obubaka obwatekebwa mu mubala busobole okutuuka oba okutegeerekeka eri abo baagukubira. Akuba asaakiriza nga n'Okwamira agyamira, Akabonero akooleka obukugu n'okunnyikiza obubaka bw'omubala. Bwe ziba njoma za mu lubiri, azikuba ziyitaba, olwo abazimanyi ne baanukula nakaluulu, oba ebighambo ebiwaana obukulu bwazo.

Kale omubala tterekero lya bubaka obw'ensonga omuli okukubiriza abantu okuba abakozi, okuba obumu (Buganda Bumu)

n'obubaka obulala.

EMIBALA TTEREKERO LYA BYAFAAYO
Omubala gw'ekika ky'Engabi Ensamba ogugamba nti: "Kaabula kata, Nsamba abulye" gutujjukiza ebyafaayo ebikwata ku Kabaka Kimera, Nsamba, nomuzaana Wannyana nga bali e Bunyolo. Anti Nsamba okuba nga yazaalibwa Wannyana nti era Nsamba n'ayambala ebikomo ku magulu ng'Abalangira, nti wadde kyamulabisa ng'omulangira naye tekyamufuula mulangira kulinnya ku Namulondo.

Ab'ekika ky'Engo omubala gwabwe gugamba nti: "Nannono si mukazi, musajja" gutulaga ekyafaayo ky'omukyala omuzira ab'Engo gwe beenyumirizaamu ennyo! Nannono yatabaala ne bba Kabaka Nakibinge ng'alwana n'Abanyolo. Kabaka Nakibinge ne ggye lya Buganda amafumu bwe baggwaako, Nannono n' akunga bakyala banne basongole emmuli eggye lirwanyise ezo. Ekyo kye kiyisa Kabaka Nakibinge "Omulwanyammuli". Eby' embi mu lutalo luno Nakibinge mwe yakisizza omuko, n'aleka Nannono ng'ali lubuto. Abaami n' abataka baasalawo bagira balindako okulonda omusika wa Nakibinge, Nannono amale okuzaala, singa azaala omulenzi, asikire Namulondo. Nannono yazaala muwala, awo abaami n'abataka ne balonda Omulangira Mulondo asikire Namulondo. Naye ekiseera Obuganda kye bwamala nga bulinda Nannono asumulukuke (azaale), Nannono ye yali akuumira omwana we Obwakabaka (Namulondo). Ab'ekika ky'Engo wano we baasinzira okugunjawo erinnya ly' abawala erya Nnabulya (Obwakabaka), ssaako omubala gwabwe okutendereza obuvumu bwa Nannono obulinga obw' omusajja.

EMIBALA GITUKUBIRIZA OKUBA ABAZIRA

Ab'ekika ky'Envuma okuba n'omubala ogugamba nti: "Mpa adduka(kulwana) aliddayo e Kyaddondo". Bazzukulu ba Kyaddondo gubakubiriza okuba abazira anti bwabanga mu lutalo abanga muzira, anti bwalidduka olutalo taliddayo kubeera mu ba Nvuma banne e Kyaddondo. Ab'Engonge bayite abakyanjankete okugamba nti: "Beppo ddogo, bwe galiba amafumu tuligendana." Kikulaga obumalirivu n'obuzira bwa bazzukulu ba Kisolo.

EMIBALA GITUKUBIRIZA OGWALA ENNYO EBYAFFE N'OKUBIKUUMA

Omubala gwab'ekika ky'Envubu ogugamba nti "Mu nnyanja weddiramu ki? Nvubu"

bukakafu bwa nkukunala obulaga obukulu bw'Envubu eri bazzukulu ba Kayita. Ate bazzukulu ba Namugera, Abayanja omubala gwabwe gugamba nti: "Ekifa mu nnyanja, omuvubi y'akimanya." Buno bujulizi obulaga okwenyumiriza mu bukugu bwe balina ku nnyanja.

EMIBALA GITUKUBIRIZA OKUBEERA ABAKOZI

Ab'ekika ky'Ennyonyi Endiisa omubala ogwabwe gugamba nti "Twambuke embuga, tulye obwami." Anti okwambuka ku kibuga tekyabanga kitono, era nga Kabaka okukwatula erinnya ng'olina kuba mukozi ddala.

EMIBALA GIBUULIRIRA

Ab'ekika ky'Amazzi g' ekisasi omubala gwabwe gubulirira obutalengezza muntu lwa myaka gye. Guvuga nti "Akaana ak' obulenzi: tokaweera mpande mu ngalo". Anti mu Buganda omusajja k' abe mulenzi muto bw'oba omuwa eby'okulya olina kubimuteera ku ssowaani, oba ku kawuwo.

EMIBALA GYENYUMIRIZA MU BAKULU B'EBIKA

Ebika ebimu bijaganyiza mu bakulu b' ebika nga bibabiibita. Okugeza, abeddira Empologoma ekimu ku bisoko ky'omubala gya bwe kigamba nti "Namuguzi ky' agamba tasaaga." Namuguzi ye mukulu w' ekika ky' Empologoma. Ate ab' Obutiko omubala gwa bwe guvuga nti, "Weekirikiggye: Ggunju ajja." Okwekirikita kwe kwejaga. Ate Ggunju ye mukulu w' ekika ky' Obutiko. So ate ab'Olugave ogwabwe guvuga nti, "Lwa Ndugwa, lwa Katende."

OKUWUMBABWUMBA

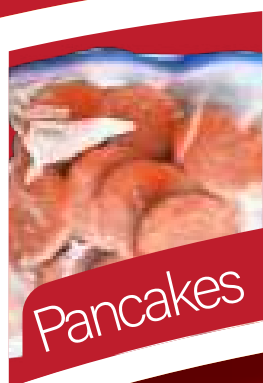
Emibala gyaffe ge maloboozi agayita mu njoma, ate nga enjoma eno tekubirwa ku ttaka, kubanga livuvuba eddoboizi, enjoma n' eteyasanguza bulungi bubaka bwa mubala, so nga ekigendererwa ky' obubaka obwo kya bannannyini mubala ogwo bajaganyize era beenyumirize mu bulambe bwa bwe nga ab' ekika ekimu. Olw'okuba emibala tterekero kkulu nnyo ery'ebyaayo, obukozi, obuwangwa, n'ennono zaffe, fuba nnyo okulondoola emibala gy'ebika ebirala olabe bajajjaffe abaatukulemba bwe baali abagezi eby'ekitalo ddala.



Reconnect With Homemade Taste



Samosas



Pancakes

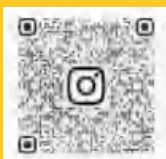


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BUGANDA WEETUUSE MU KULWANYISA MUKENENYA, GYE TWOLEKEDDE NE BYE TWETAAGA OKUSOBOLA OKUGGUSA OLUTABAALO



1.0 Ennyanjula

Minisitule y'Enkulaakulana y'Abantu, evunanyizibwa ku by'Obulamu, eby'Enjigiriza ate nekwanaganya nensonga za Woofiisi ya Nnaabagereka

Mu Namutaayiika 2023-2028, eby'obulamu bigwa mu mulamwa ogw'okubiri, ekiruubirirwa namba 8, "Okutumbula obuweereza eri abantu mu by'obulamu, okuteekawo embeera esobozesa abantu mu Buganda okufuna obujjanjabi obusoboka ate nga bwa mutindo".

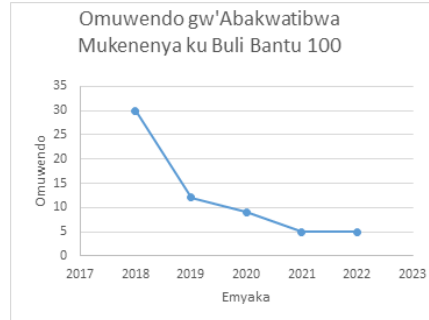
Enteekateeka y'emirimu mu Bwakabaka bwa Buganda, yagaziyizibwa okuva ku Pulojekiti (project), nedda ku Pulogulamu (program), era nga tulina pulojekiti ez'enkizo nga bwe tuziraga wammanga:

- Okuzimba ebifo eby'obujjanjabi;
- Okukubiriza abantu okukuuma obuyonjo;
- Okwetangira endwadde ezitasiigwa nga tukola Dduyiro;
- Okwekebeza buli bbanga eggere nga siriimu n'endwadde endala;
- Okulya obulungi;
- Obutakozesa biragalalagala;
- Okwegemesa;
- Okubudaabuda naddala abakoseddwa mu ndwadde z'omutwe;
- Okukunjaanya omusaayi;
- N'okukubiriza abantu okuyingira mu Yinsuwa.

2.0 Buganda wetuuse mu kulwanyisa Mukenenya - Obubaka bwa Ssaabasajja

Emiwendo gy'abantu abawangaala n'akawuka ka Mukenenya mu Buganda, gigenda gikka, nga bwe kiragibwa mu alipoota y'Amawanga Amagatte [UN], ku mukenenya ey'omwaka 2022.

Buli mwaka, Ssaabasajja awa Obuganda obubaka ku Mukenenya era emiramwa egyenjwulo gize gigungibwawo, nekiruubirirwa eky'okufuggaza Mukenenya we gunaatukira 2030, nga afuuse lufumo.



3.0 Emisinde gya Kabaka egy'Amazaalibwa (Kabaka Birthday Run [KBR])

Emisinde gino yakaddukibwa emirundi 12 okuva mu 2014, nga ku gino emyaka 6 gbadde ku mulamwa gwa kirwadde kya Mukenenya. Enteekateeka y'emisinde eyongedde okukuumira Obuganda awamu, ate ng'abantu badduka olw'ekigendererwa. N'olwensonga eyo, mu 2017 Ssaabasajja Kabaka yalondebwa ekibiina kya UNAIDS okubeera emmunyenye mu kulwanyisa Mukenenya mu Africa.

Kaweefube waffe ono yafunamu okusoomooza olw'omuggalo gwa Lumimamawuggwe (COVID-19) okuva mu 2020 okutuuka mu 2021. Emisinde gyaliwo mu kimpowooze "Virtual Run" wamu n'obuweereza mu malwaliro okukendeera anti abantu nga baali tebasobola kufuna ddaggala mu budde.

Oluvannyuma lw'omuggalo, alipoota ya UNAIDS yalaga nti abaana abawala abali wakati w'emyyaka 15-19, mu kitundu ekiri wansi w'eddungu lya Sahara, beeyongera ebitundu nga 6% okukwatibwa akawuka akaleeta Mukenenya!

Tetuddiriza newankubadde okuva ku mulamwa era wakiri mu Buganda, tulinawo Districts ezisobodde okutangira akusaasana kwa mu Mukenenya wansi w'olupimo lwa Uganda olwa 5.1% lw'okukwatibwa akawuka akaleeta Mukenenya nga bwe tuziraga wammanga:

Mubende 4.9%
Nakaseke 4.9%
Kyakwanzi 4.6%
Nakasongola 4.6%
Buvuma 4.0%

4.0 Gye Twolekedde ne bye Twetaaga Okukola Okusobola Okuggusa Olutabaalo

Twongere amaanyi mu bitukoledde (evidence-based practice), wakati mu kusomooza kw'obuyambi obukendedde okuva mu nsi zi nnaggwadda. Twongere okutambuza obubaka eri abaami obw'okwekuuma n'okutaasa omwana omuwala eri akawuka. Twezzeemu amaanyi ffekka na ffekka; enkuyakakyuka etandika naffe.

5.0 Bye Twetaaga Okukola Okuggusa Olutabaalo

Tutegeese okukola bino wammanga, okwongera ku mutindo mu by'obulamu bw'abantu ba Ssaabasajja, naddala nga tufuutiza endwadde nga Mukenenya:

- Okuzimba amalwaliro g'Obwakabaka, nga bwe kiri mu nteekateeka Namutaayiika mu buli ssaza;
- Okuzimba etterekero ly'ebibalo ku ndwadde nebisoomoozo nga bino bijjanga kweyambisibwa mu kunoonnyereza era byeyambisibwe okukola okusalawo;
- Okunyweza emikago gye tulina mu by'obulamu UNAIDS, UAC, TASO, NDA, Healthy Heart Foundation, Ernest Cook University, Mengo Hospital, nemirala, okulaba ng'abantu ba Ssaabasajja tebijjala mu buli nsonga ya bulwadde naddala mu bujjanjabi bwa Mukenenya;
- Minisitule y'Enkulaakulana y'Abantu ejja kugenda mu maaso okukunga ebitongole by'Obwakabaka byonna bulijjo okusoosowaza okutangira Mukenenya mu bitegekebwa mu bu buweereza bwabwe.

6.0 Okuwumbawumba

Mukenenya kikyali kisoomoozo mu nsi yonna, awo nno tewali kussa mukono kubanga we tusuulira engabo olutalo we lukoma! Tugenda kukunga buli akwatibwako, aleme kulegeza mu lutabaalo.

Tweyama nga minisitule okwongera mu maaso n'okukunga abantu okuwuliriza eddoboozi lya Ssaabasajja ku miramwa egyenjwulo gya tulagira naddala mu kudduka emisinde gya Kabaka Birthday Run (KBR).

Minisitule era ejja kwongera amaanyi mu kukolagana ne bannamikago okulaba nga tetuddirira mu kiruubirirwa eky'okussa omuwendo ogw' abakwatibwa akawuka sso ng'ate n'okwongera okusaasanyira akawuka obupya tukunogedde eddagala.

Essuubi weriri ng'amalwaliro agazimbibwa, tusobole okutumbula obuweereza eri abantu mu by'obulamu; okuteekawo embeera esobozesa abantu mu Buganda okufuna obujjanjabi obusoboka ate nga bwa mutindo.

Ssaabasajja Kabaka Awangaale!

Choltilda Nakate-Kikomeko
Minisita w'Enkulaakulana y'Abantu n'Ensonga za Woofiisi ya Nnaabagereka

EBYENFUNA MU BUGANDA

Robert Waggwa Nsibirwa, Omumyuka Ow'Okubiri owa Katikkiro Era Omuwanika



A: Okwanjula

Nasabiddwa abateesiteesi bolukunjaana lwa BBNAC 25, okukola omusomo ku mutwe, "Okulambulula Buganda bw'Eyimiridde Mu by'Enfuna", ng'Omuwanika wa Buganda. Okusooka byonna neebaza omulimu ekibiina kya BBNAC gwe kikola, era kiyambye nnyo okutuusa okumanya, okuyiga nokutegeera emirimu gy'Obwakabaka nga bwegitambula. Nzikiriza nambulule bwenti nga bwe biri ku by'enfuna.

B: Eby'enfuna mu Buganda mu Nsangi Zino

Okutwalira awamu, abantu ba Buganda balimye nnyo emmwanyi, amatooke nebirala naye, bafunye nnyo, nnyo mu mmwanyi. Okuva omwaka oguwedde, ebbeeyi y'emmwanyi ebadde waggulu ddala, wakati wa Shs.15,000/-17,000/- kilo eya kase, era ng'oli alina yiika emu, afuna wakati wa Shs6,000,000 ne 10,000,000/= omwaka, okusinzira ku ndabirira y'emmwanyi ze.

Abantu ba Buganda balina okusomoozebwa kwa mirundi ena, mu by'enfuna mu kiseera kino:

- Entambuza y'okugereka nokusolooza emisolo;
- Ensonga y'abavubuka abakeera obutabaako kye bakola;
- Embeera y'enguudo mu Buganda eyongera kusajjuka buli mwaka;
- Eby'amateeka ebidobonkana buli lukya, wamu nebyobufuzi ebya kawerege.

Eby'enfuna by'Obwakabaka 2024/2025

Emyaka 12, nga mpeereza Ssaabasajja Kabaka nga Minisita we, ate kati emyaka 11 nga mpeereza ng'Omuwanika era Omumyuka wa Katikkiro Owokubiri. Mu myaka egyo, wabaddewo okugenda mu maaso mu Bwakabaka mu ngeri nnyingi mu by'enfuna, wamu nenkulaakulana mu Bwakabaka. Wetwogerera kati, wammanga bye by'enkizo ebiriwo mu bufunze:

1. Obugazi bw'embalirira y'Obwakabaka wamu n'Entebya (alipoota eraga ssente eziyingidde nezifulumye) ebadde ekula mwaka ku mwaka, okuva ku 3,351,410,000/= embalirira eyayanjulirwa Olukiiko mu 2014, okutuuka kati ku mbalirira eno egenda okuggwaako, eya 2024/2025 eri 257,271,817,888/=, wabaddewo okugenda mu maaso kwamaanyi okugaziya ennyingiza nokukola emirimu.
2. Okunyweza obukulembeze;
3. Okuwagira emirimu;
4. Embiri za Ssaabasajja;
5. Obungi bw'Emmwanyi;
6. Okulwanyisa obwavu, abantu ba Buganda abenyigidde mu kukola;
7. Eby'Enjigiriza;
8. Eby'Obulamu;
9. Okusiga ensimbi;
10. Ebitone ne Talanta;

Ennyingo n'Ebirungo Okwesigamiddwa eby'Enfuna

Obwakabaka busobodde okutuuka ku bintu ebyo byonna nga bwesigamye ku mpage zino wammanga:

- a. Okunyweza enkola y'emirimu (systems);
- b. Enteekeeka Nnamutaayiika;
- c. Wabaddewo obuyiia bwakika;
- d. Obwerufu;
- e. Okuva ku nkola y'obuvujirizi;
- f. Okunyweza obukulembeze bw'Abaami ku mitendera gyonna;
- g. Okuteekawo embeera ekkiriza obuyiia n'Obumu.

Eby'enfuna by'Obwakabaka mu Maaso

Kiki kye tuzzaako era kye tutunulidde, tukozesezza nnyo Obuwangwa n'Ennono wamu n'Obuyiia, okugaziya ennyingiza nobuweereza mu bantu ba Kabaka, era abantu basanyufu, bajjumbize.

Embalirira y'omwaka gw'ebyensimbi

2025/2026, egenda kuba etunulidde nnyo abavubuka, obuweereza (services) twongere, okugaziya abantu abenyigira mu katala kebyensimbi SACCOs, tekinologiya mu by'Obulimi, eby'Obulamu, eby'Enjigiriza, abantu bafune ebintu eby'omutindo ate n'abavubuka, emirimu.

Okuwumbawumba

Obwakabaka bufuuse kya kulabirako nokuyigirako ky'amaanyi engeri ensi naddala okuba nti, Obwakabaka busobola okukulaakulanya abantu babwo nga tebusolooza musolo.

Bingi bituukiddwaako olw'ensonga ze mpadde, n'Obumu obwongerwa okulagibwa bulijjo; obuyiia obweyongera buli lunaku; nobwerufu, ekintu ekikulu ennyo eri abantu ba Buganda bonna, ate n'abantu betukolagana nabo bonna, abazza obugya enkolagana buli kiseera, kubanga bamativu era buli kye banoonya bakifuna.

Mwongere okutuwigira nga tuleese bye tuyiizizza ebipya, bye tutandiseeko tubinnyikize bigaziwe, ate tutandike nebirala ebinaayamba ensi yattu Buganda.

Ssaabasajja Kabaka Awangaale!

BBNAC AT TEN YEARS

Introduction

Time flies! At BBNAC25, the Buganda Bumu North America Convention will clock ten years of dedicated service to the Baganda in the North American Diaspora! Happy tenth Birthday! On this special occasion, the organization wishes to reflect on its achievements, challenges, and opportunities.

The Buganda Bumu North America Convention (BBNAC) is an umbrella organization for Baganda Associations in North America. It aims to promote unity and cultural preservation and enhance the social, economic, and health well-being of its members and the Buganda Kingdom. Central to its mandate is holding a BBNAC convention every two years, where members foster unity and partnerships among individuals, groups and institutions and learn about and advance the interests of the Baganda communities and Buganda, specifically focusing on their social, economic, and health well-being.

In its first decade, BBNAC has effectively advanced its vision. It has diligently served the Baganda Associations in North America, fostering unity and promoting the interests of these associations. Additionally, it has been at the forefront of promoting and preserving the Buganda culture, with Ssaabasajja Kabaka Ronald Muwenda Mutebi II, at the helm.

BBNAC Registration

BBNAC, registered in the State of Texas

in 2015, as a non-profit, is crucial for mobilizing tax-exempt resources to support BBNAC initiatives in the United States and Canada. BBNAC comprises a Board of Directors, representatives from the member Baganda Associations and four selected Kabaka representatives and, an Executive Committee—elected by ballot from the Board of Directors—comprising a President, Vice President, Secretary, Assistant Secretary, Treasurer, Assistant Treasurer, Publicity Secretary, and one Committee Member. BBNAC has established by-laws that define the organization's vision, objectives, and operating procedures.

Some of BBNAC Achievements

BBNAC successfully organized five conventions (see photographs below), fulfilling one of its key strategies for advancing its agenda and realizing its vision. Each convention provided essential experiences that contributed to the strong, resilient, and dynamic BBNAC we have today, including its unwavering loyalty and support for the Buganda.

1st - BBNAC 2015 in Boston, the inaugural convention, hosted by Ggwanga Mujje Boston, was attended by over 400 people and set a firm foundation for the subsequent conventions. Delegates pledged to support the Ggwanga Mujje Boston project, to provide an ambulance to the kingdom. The ambulance was delivered in 2016, and remains functional, continuing to serve Kabaka's subjects.

BBNAC 2015 in Boston, was also the investiture of the initial Kabaka's Representatives in North America and Canada.



1st BBNAC'15: Boston, Massachusetts Ggwanga Mujje Boston



2nd - BBNAC 2017, hosted by Agali Awamu Atlanta in Georgia, attracted over 600 participants. Under the theme 'Strengthen Luganda and Invest in Health and Economic Development,' it featured sessions on Buganda culture, clans, and wealth creation. The convention pledged support for programs aimed at improving health in underserved Buganda communities.



2nd BBNAC'17: Atlanta, Georgia Agali Awamu Atlanta

3rd - BBNAC 2019 was hosted by the Ggwanga Mujje DC in Washington, DC, attracting a record attendance of over 800 people. The convention theme, 'Abavubuka Ly'Essuubi Lya Buganda,' emphasized and reminded attendees of the importance of youth participation in development, including planning, implementation, and ensuring

BBNAC MEMBER ASSOCIATIONS



equitable benefits from the development process. A landmark highlight of the convention was the Katikkiro Charles Peter Mayiga's challenge to BBNAC, to harness the diaspora's numerical strength and found an investment platform for its members. BBNAC19 accepted this challenge, and BBNAC25 will unveil this platform, **Buganda Bumu Investment LLC**, along with details on how it will serve and benefit BBNAC members.



3rd BBNAC'19: Washington DC (Alexandria, VA) Ggwanga Mujje DC

4th - BBNAC 2021 in Chicago, Illinois, was hosted by the Ggwanga Mujje Midwest. The convention occurred during the COVID-19 pandemic and was attended virtually. Only about 20 attended in person (at the 'command center') in Chicago. Notably, the virtual format enabled over 3,500 people to listen to Ssaabasajja Kabaka, Ronald Muwenda Mutebi II address.



4th BBNAC'21: Chicago, Illinois ZOOM

A key outcome of this convention, themed **'Information Technology Challenges'**, pledged to strengthen the digitalization of the kingdom's services, including providing computers and computer equipment to each of the 18 kingdom county offices (Amasaza). BBNAC successfully fulfilled this pledge and in 2023, delivered 18 computers, nine Laser printers, and 18 UPS/surge protectors.

5th - BBNAC 2023 in Seattle, hosted by the **Buganda Developmental Cultural Association of Washington (BUDECA)**, saw a record turnout of over 1,000 participants. The theme focused on the challenge of clean water in Buganda, resulting in a pledge of US\$ 10,929 to support the Buganda Kingdom Clean Water campaign, which sponsors water wells in underserved areas.

BBNAC sponsored wells in Kalwanga and Kitayitwako villages in Gomba. At the same time, individual member associations also sponsored wells, including at Muwanga, in Busujju County (Colorado Buganda Heritage Fund); Gisisiro, in Buwekula County

(Ggwanga Mujje Boston,) and Kikooba Infant and Primary School in Bukomero County (Northwest Coast-Northern California, in partnership with the Rotary Club of Antioch). The 'Buganda Clean Water' campaign has built 917 new wells and rehabilitated over 500, extending access to approximately 700,000 people.



5th - BBNAC 2023 Seattle Buganda Developmental Cultural Association of Washington

Besides the development efforts and support for the kingdom that directly came out of the conventions, BBNAC in collaboration with the Buganda Kingdom Department of Health supported key health initiatives, including:

- **Medical Missions:** BBNAC, in partnership with the Uganda North American Medical Society (UNAMS), committed to facilitating in Uganda one medical mission every two years. to Uganda to bring services to underserved communities. To date, two medical missions have been successfully conducted in collaboration with the Buganda Kingdom Ministry of Health: 2019 and 2021 missions were suspended due to the COVID-19 pandemic.



July 2024 Gombe Butambala District treated 1,632 patients - women 52%, men 24%, and children under 18 years of age, 23%; 18 surgeries, 40 dental, and 30 cervical cancer.



April 2017 Nakaseke Hospital, Luwero District treated 1,452 patients - women (70%) men (20%) and children 10%; 24 Surgeries and 38 dental.

- **Mobile Clinic Bus:** This bus was donated to the Buganda Government by Mr. Farouk Mutesasira, a member of Kamu Kamu Dallas. BBNAC member

associations donated funds to ship the Bus from Dallas to Kampala. This bus includes two inpatient beds and three doctors' offices. Delivered in 2018, this bus has been critical to the medical missions carried out by the Kingdom. Gombe Medical Mission session featured the BBNAC Mobile Clinic.



Way Forward

BBNAC faces several challenges and opportunities in its efforts toward 'Okuzza Buganda ku Ntikko'. One significant challenge is the political polarization in Uganda, particularly the anti-Buganda sentiments that have surfaced recently, such as the controversial removal of Buganda from the Uganda map, as well as the abductions and political imprisonment of innocent citizens that have been prevalent in the Buganda region since the last national elections in 2021. Additionally, some members have suffered devastating financial losses due to widespread institutional and individual-level corruption in Uganda. These issues erode trust and interest in participating in BBNAC initiatives, especially those involving collaboration with people or institutions back home.

On a positive note, our members continue to place their trust in BBNAC, the Buganda Kingdom, and Ssaabasajja Kabaka, viewing them as sources of unity and hope for preserving Buganda. BBNAC will leverage this trust to advance its aspirations to ameliorate its members' social and economic wellness and redouble its efforts to preserve the culture and make Buganda a beacon of prosperity.



Abu Senkayi,
Ph.D.



Oweekitiibwa,
Wycliffe
Lule-Musoke
Ssimwogerere



Charles Michael
Muvawala Katende
Ph.D.




Omumbejja
Jackie Nakalema



Mulongo
Wasswa Kivumbi

We Proudly Support Ggwanga Mujje Boston

A photograph of the Boston skyline, featuring several tall skyscrapers, reflected in the calm water of a harbor. In the foreground, a stone pier with a metal chain and wooden pilings is visible. A semi-transparent white box with a thin blue border is centered over the image, containing the text.

*Wishing you all the best at the
2025 Buganda Bumu North American Convention!*



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Inside the Book **THE HISTORY OF BAGANDA, 1000 BCE - 1884 CE**

**launched May 23rd -26th 2025 during Buganda Bumu
North American Convention [BBNAC] in Boston, USA.**

In this book, *The History of Baganda, 1000 BCE - 1884 CE*, Dr S. G. Mwanga Kalinaabiri reconstructs the ancient history of the Baganda people starting from around 1000 BCE, when they are archaeologically estimated to have arrived and settled at the Northwest shores of Lake Victoria, up to 1884 CE, the end of reign of Kabaka Muteesa I, Buganda's last contemporary pre-colonial king.

The author archeologically traces the cradleland of the Bantu and Baganda in particular and the former's migration routes to the Lake Victoria region. He further reconstructs the socio-economic welfare of the Baganda at their arrival in the Lake Victoria region, during Sub-Saharan Africa's Late Stone Age period. The Baganda at this time were gatherers and hunters but had graduated to carrying out some farming of yam, beans and corn. And had domesticated the goat and chicken.

In a study of the ancient World history, he recounts how Mesopotamian civilization crossed the Mediterranean Sea, from the Middle East to Africa, around 3100 BCE, and touched Egypt from where iron civilization descended to the rest of Africa, reaching the Baganda at the northwest shores of Lake Victoria around 400 BCE. Thus, also discussed are the Baganda iron age skills of use of rudimentary furnaces to generate iron tools which led to inventions like adaptation to the hoe-agriculture and use of iron tools to clear forests and adapting to building permanent settlements of circular-conical thatched roof huts [Nsisira], raising families which grew into clans and later, founding of a monarchy.

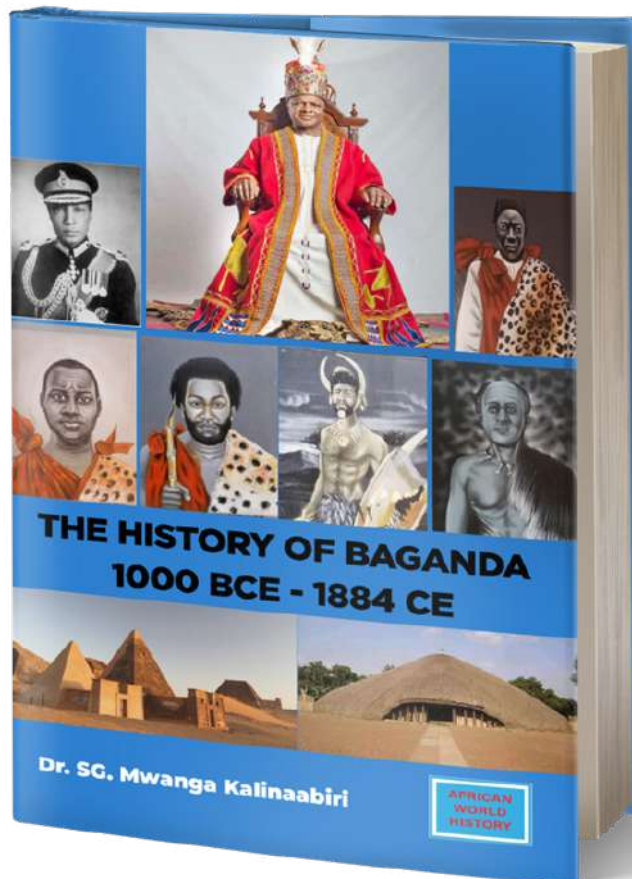
A study of the ancient Nile valley kingdoms of Egypt, Kush and Abyssinia, revealed 22 similarities between the Baganda and the Kush kingships from which the author drew an inference that the ancient Baganda founded Muwawa, the progenitor of the current Buganda, using the Kush kingship as their template. In another study, an archeological study of Muwawa kingdom and its rulers, revealed 23 tomb-capitals of 32 pre-Kabaka Kintu rulers out of the total 25 tomb-

capitals and total of 35 rulers, a testimony that Muwawa kingdom, the predecessor of Buganda kingdom and its rulers existed in the distant times and that these are not mere myths.

The author divides Buganda's history into two eras: the Muwawa era/ Kabaka Ttonda era and

which resulted in the formation of the current Buganda clan system, and a three-Houses Buganda federal government. Covered is also Buganda's territorial expansion from around 1275 - 1900 CE which culminated in a total of 20 counties by 1900 CE, when the Buganda map was drawn, inventions like of the backcloth [lubugo] around 1363 CE, the Baganda agriculture including their traditional crops: the banana and coffee, and detailed description of the Buganda kings' reigns, in both the Muwawa era and Kabaka Kintu era. The last six Kabakas of this scope have been discussed, each under own chapter, in Chapter 11 to 16, to emphasize a message that though in 1862 Kabaka Muteesa I opened Buganda internationally to Britain and Europe, the monarch had long been opened to the East African coast and to the Arab influence by Kabaka Kyabaggu around 1775 CE, and thus a lot of progress had been made by 1862.

The purpose of this book, one, is to amend and add to the already established Buganda history, and position Buganda in her rightful position in African history. Second, is to illustrate the source of Buganda's resilience, stemming from her unity, whose foundation is rooted deep in her past, dating to around 400 CE, an estimation of a 1,625 years old entity. Three, the book's scope is a testament to Buganda's marveled at unique civilization. And lastly, this book is to summon up the Baganda to reminisce about the long way they have come and focus into the future as a one people.



Kabaka Kintu eras, and devises a scientific dating system, which he uses to date the 36 kings of Buganda of the Kintu era, and the 35 kings of the Muwawa era. The system dates Kabaka Kintu's reign to around 1275 - 1304 CE while Kabaka Ttonda is estimated to have founded Buganda around 400 CE. The book also covers the rise and fall of the Chwezi empire in East Africa dated to around 1220 -1268 CE, Kabaka Kintu's revolutionization of Buganda around 1275 CE

SG. Mwanga Kalinaabiri

Los Angeles, California, USA

May 2025



OBUBAKA OKUVA MU BABAKA BA SSAABASAJJA N'ABAMYUKABAABWE MU SSEMAZINGA WA AMERIKA EYO MU MAMBUKA

**Tweyama okukola obutaweera nga tulungamy'a Obuganda bwonna
eyo gyebuli mu massaza gaffe okunyweza ensonga Ssemasonga ettaano.**

ENSONGA SSEMASONGA ETTAANO (The Five Tenets of Buganda Kingdom)

- | | |
|--|--|
| <p>1 Okukuuma obwa Kabaka ne'nnono zaffe
(Preserve the Kingdom & Culture of Buganda)</p> <p>2 Okulwanirira enkola ey'okugabana
obuyinza mu nfuga eya Federo tukuze
Buganda mu Uganda eyawamu
(Strive for Federal System of Govt
in United Uganda)</p> <p>3 Okukuuma ettaka n'ensalo za Buganda
(Mantain the Land and Territorial
intergrity of Buganda)</p> | <p>4 Okukola obutaweera okukulakulanya
Buganda mu by'obulamu, eby'enjigiriza,
eby'enfuna n'okuyiia
(Development of Buganda through Health,
Education, Entrepreneurship, Innovation)</p> <p>5 Okunyweza obumu mu Buganda bwonna nga
tetwawula bantu olw'ensibuko zaabwe,
amadiini gaabwe, oba ebibiina by'obufuzi
eby'enjawulo
(Mantain unity of all people in Buganda
regardless of origin, religion or political parties)</p> |
|--|--|



SOME OF THE MEMORABLE IMAGES FROM THE INAUGURAL BBANC IN BOSTON, 2015



Delegates Joyously Participating in the Inaugural BBNAC in 2015, at the Marlborough Plaza Hotel in Boston Massachusetts



Ssaabasajja Kabaka's Representatives in North America after a meeting with the 1st Deputy Katikikiro & Minister for Buganda Affairs Abroad Ambassador Emmanuel Ssendaula during the 1st biennial Buganda Bumu North American Convention (BBNAC) held in Marlborough Massachusetts, May 22nd – 24th 2015. Seated from R-L are: Representative Wycliffe Lule-Musoke Ssimwogere Kasepewo (NY, NJ, DE & PA); Representative Estella Muyinda Namakula (Canada); Representative Margaret Nakibuuka Muwonge (DC, WV, VA & MD); Representative Esther Nassuuna Kiragga Lyles (CO, SD, ND, UT, and MT); Vice Deusededit C. Kiyimba (CO, SD, ND, UT, & MT); Vice Gerald Kikambi Katongole (GA, SC, NC, FL, KY MS TN, AL). Standing R-L are: Representative Kato Kajubi Bijumbuko (RI, CT, MA, ME, NH, & VT); Representative Samuel Mwanje Kiggwe - (GA, SC, NC, FL, KY MS TN, AL); Vice Ssebagala Kimuli (NY, NJ, DE & PA); Abu Senkayi (TX, LA, NM, AR, OK, & AR); 1st, Deputy Katikikiro Ambassador Emmanuel Ssendaula; Representative Dick Luzzi Kakande (IL WI, MI, IN, OH & MO); Vice Henry Matovu Ndawula (RI, CT, MA, ME, NH, & VT); Vice Denis Kidde (IL WI, MI, IN, OH, & MO.); and Vice Erisa Mugabi (Canada).







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Summary Report of the 4th UNAMS/BBNAC Medical Mission 2024 held at Gombe Hospital

UNAMS missions is to provide equitable and high-quality healthcare services to people in underserved communities. We plan to deliver this through mentoring and educating Medical Students and other healthcare trainees. UNAMS in collaboration with BBNAC embarked on organizing the 4th Medical/Surgical mission at Gombe Hospital in Butambala District from July 8th - 12th ,2024.

Team Composition from USA
 Team composition from USA included 3 Surgeons, 4 General Internal Medicine Pediatrics /Family Medicine, 2 Interns-in-Waiting, 2 Clinical Officers, 1 Nurse Practitioner (USA, 1 Dental Assistant (USA), 2 Triage Staff, 1 Anesthesiologist, 1 Local Coordinator/Video-Audio/Photography, 1 BBNAC Coordinator and 1 Buganda Kingdom Clinical Staff.

Local Staff Volunteers
 4 Theatre Staffs, 1 Medical Officer, 1 Dental Assistant, 1 Family Planning, 1 Cancer Screening, 1 TB Screening - HIV Counseling and screening, 2 Health Education, Student Nurse volunteers Lab and X-Ray access.

Most Common Medical Conditions
 Hypertension, Low Back Pain, Arthritis-Multiple Joints, Chronic Abdominal Pain- commonly reported as "ulcers", Chronic Pelvic Pain in Females, Skin Conditions e.g. Scabies, Tinea Corporis, Atopic Eczema, Intertrigo, Seborrhea, Type 2 Diabetes Mellitus, Female Reproductive System Problems in all ages, Infectious Diseases-Viral, Bacterial, Parasitic and Malaria, Complications of HIV, Dental Care, Various surgical cases, especially Hernia Repairs, Case of emergency Laparotomy, Various Pediatric Cases including some congenital and Developmental-needing referral, Allergies-food and environmental, Psychiatric Conditions, especially Anxiety and Depression, Stress related to Socio-economic issues and Geriatric Conditions including Parkinsons and Dementia

Conclusion and Future Plans
 he 4th UNAMS/BBNAC Medical/Surgical Mission was a great success. The community in Butambala and surrounding districts expressed appreciation for the free services that were rendered by a very committed/dedicated team from USA, Gombe hospital staff volunteers and other areas around Uganda. The students and trainees reported having benefitted from their participation and learned a lot by watching and discussing various topics.

UNAMS and BBNAC will continue to strive to offer innovative community healthcare and medicine that empowers patients by fostering an environment of belonging, personal decision-making, and maintenance of wellbeing. Ongoing Health Education will achieve this.

UNAMS will continue to mentor and educate Medical Students and other Healthcare Trainees, in collaboration with Government and other Training Institutions. UNAMS/BBNAC believes that quality health care is a fundamental human right universally.

For millions around the world, this is not the reality. We commit to provide quality and affordable healthcare first to those who need it most. We will achieve this by partnering with local Government and other partners in health, to support our mission to achieve our vision for Global Change.



Officially opening UNAMS/BBNAC Gombe Medical Mission



1,632 people were treated for diverse illnesses



First Surgery in the morning of the second day



The dental services started the second day



Pharmacy operated inside the BBNAC Buganda Mobile Clinic



Cancer education was conducted

ACKNOWLEDGEMENT
 The following are greatly appreciated and indebted for their kindness, donating toward the mission:

- USA and Canada donors with their donations through BBNAC - Buganda Bumu North American Convention and Mini-Bus with Fuel and paid Driver.
- Individual Donors
- Buganda Kingdom - Mobile Clinic which was used as our Pharmacy, Driver, and Fuel.
- Kabaka Foundation, Staff Clinician, David Muwonge who worked in our Pharmacy.
- First Choice Primary Care, Macon - USA., donated drugs and supplies.
- Dr Joel Sserubanja who coordinated renewing medical licenses, obtaining temporary Licenses, and purchasing drugs locally.
- Staff and students at Gombe Hospital who volunteered their services to collaborate along with our team, especially in Theatre, Triage, Health Education and Cancer Screening.
- The Medical Superintendent of Gombe Hospital, Dr Mbuga, The Hospital Administrator and the Medical Officer, Dr. Ali Bananyizza who gave up a full day to work with us on his day off.
- Local leaders like LC5 of Butambala District, MS. Rashida Namboowa, who donated tents and chairs used to seat our patients while waiting and receiving Health Education
- Staff at Wilson Hotel Resort in Mpigi Town, who housed and fed us delicious and nutritious meals so we could have the energy to accomplish our tasks.
- The whole TEAM that gave up their precious time and used their resources to fund themselves so that they could offer their free services to those individuals who needed but could barely afford it. Thank you.

Date	Registration Main Book	Surgery	Dental	Total	Gender Estimates	
Monday - July 8, 2024	248	-	-	248	Female	52%
Tuesday - July 9, 2024	275	4	10	289	Male	25%
Wednesday - July 10, 2024	386	4	12	402	Youth under the age 18	23%
Thursday - July 11, 2024	395	5	10	410		
Friday - July 12, 2024	270	5	8	283		
Total	1,574	18	40	1,632		

YOUNG ADULTS PRESENTERS/ SESSIONS MODERATORS



ALLAN MUGISA

Allan Mugisa is an accomplished finance professional, and an educator with a proven track record of leadership in both corporate and nonprofit settings. He earned a Bachelor of Business Administration (2007)

and MBA in Finance (2008) from Salem State University, followed by a Doctorate in Business Administration from Walden University. Allan's commitment to operational excellence is underscored by his Six Sigma Yellow Belt certification, which he applies to streamline processes and drive efficiency in every role he undertakes. In his academic career, Allan serves as a professor at Fitchburg State University, where he teaches courses in financial accounting, insurance and investment planning, and risk management. His real-world experience enriches the classroom: prior to academia, he was a Senior Financial Planning Analyst at Maine General Health, leading financial analysis and strategic planning to safeguard the organization's fiscal health. Earlier, at The Bank of New York Mellon, the world's largest global custodian bank, he managed private-equity valuations, transaction processing, and reporting for major endowments, pensions, and foundations. He began his career at Cognos (an IBM company), where he supported collections, processed software-license refunds, and contributed to management reporting.



SUSAN KIRONDE

Susan is a seasoned human resource professional with over a decade of experience specializing in leave administration, benefits management, and HR operations in both public and private

sector environments. She currently serves as a Human Resources Manager, where she oversees employee leave programs for more than 25,000 employees across multiple state agencies, ensuring compliance with policy, enhancing operational efficiency, and providing critical support to employees and leadership. Throughout her career, Susan has held progressive HR roles at organizations such as United Site Services, Wayside Youth & Family Support Network, and Cushman & Wakefield. Her work has focused on driving initiatives in benefits strategy, workforce planning, training, and regulatory compliance. Susan earned a Bachelor of Arts in Economics with a Minor in Business from Brandeis University. She is widely recognized for promoting collaborative, solution-oriented HR practices that support both organizational success and employee well-being. In her free time, Susan enjoys reading, music, and spending quality time with her husband and children.



MARY NANKYA

Mary Nankya is a multifaceted professional serving as the Director of Data and Evaluation at Hearth, Inc., an Adjunct Faculty member in the Computer Science Department at Fitchburg State

University, and a published researcher in AI, cybersecurity, and data science. With extensive experience in data analysis, machine learning, and program evaluation, she leads data-driven initiatives focused on social impact, including homelessness prevention. She is also a STEM advocate, recognized for mentoring women in tech and conducting impactful workshops that empower underrepresented groups through technology and education.



ANISHA NAMAGEMBE

Anisha Namagembe is the Founder & Executive Director, Jnamz Social Service LLC. She holds a Bachelor of Science in Psychology and Human Services, and she has over

10 years of experience in youth development, trauma-informed care, community advocacy, and social services. Anisha also brings over a wealth of experience working in therapeutic residential programs, community centers, and crisis response. Her work focuses on mental wellness, emotional resilience, and culturally sensitive support systems. As a passionate advocate, Anisha uses her platform to uplift underrepresented voices and provide practical tools for healing and empowerment.



CPT AKRAM KAWUKI

US Army
Length of service - 8 Years
Executive Officer Delta troop. 1/89 CAV REGT
Commander A Company 6/98th Military Intelligence Battalion
Junior instructor USMA West Point Academy.



STACEY LUBOWA

Stacey is a full-stack software developer with expertise in geospatial technologies and a passion for community engagement. Transitioned from actuarial science to tech through

continuous learning and hands-on projects. Experienced in building interactive mapping applications, modernizing legacy systems, and mentoring diverse groups. Committed to creating technology that empowers communities and bridges digital divides. She currently works at Sanborn Map Company in Boston, and specializes in building interactive map visualizations and geospatial applications using React, Angular, and PostgreSQL. Stacey's tech journey began with a Bachelor's in Actuarial Science from Makerere University in Uganda before transitioning to software development through freelancing and completing Harvard's CS50 course and many more courses. As a volunteer with Code for Boston, Stacey has helped to develop civic technology that connects citizens with government, while her work with Women Who Code has created inclusive learning environments for diverse participants.



DEBBIE LUMALA

Debbie is a passionate entrepreneur, creative visionary, and woman of faith. At 39, she brings over five years of experience as the founder and lead designer of a thriving Event Design

& Décor business, where she transforms spaces into meaningful, memorable moments. Debbie is deeply committed to spiritual growth and uplifting others through ministry. She is a proud wife and loving mother of two, gracefully balancing her personal and professional life. As one of seven siblings, Debbie embraces the strength of family and community, values that shape both her life and her work. With a heart for service and an eye for beauty, Debbie continues to pursue her calling-bringing joy, connection, and inspiration wherever she goes. Favorite Quote: "Let all that you do be done in love." — 1 Corinthians 16:14



EVELYN NABUSHAWO

Evelyn earned a Bachelor's degree in Visual Design, where she honed her skills in graphic design, digital media, and visual storytelling. This foundational experience allowed

her to explore various forms of visual communication and develop a keen eye for detail. After completing her undergraduate studies, she sought to further specialize her skills and pursue her dream of making an impact in the fashion industry. In 2025 she graduated with a degree in Fashion Design and Production. This program not only deepened her understanding of textiles, garment construction, and fashion history, but it also encouraged her to think outside the box and innovate within the ever-evolving landscape of fashion. Throughout her academic career, she participated in numerous design competitions and internships, which provided valuable hands-on experience and insights into the industry. Her work has been showcased in local fashion shows and online platforms, allowing her to connect with other aspiring designers and industry professionals.



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FLEX KABUYE





Buganda Bumu North American Convention

**THE 6TH BIENNIAL BUGANDA BUMU NORTH AMERICAN CONVENTION 2025 (BBNAC'25)
MAY 23 – 26, 2025.**

CONVENTION PROGRAM

THEME: *Confronting the Challenges of Mental Health and HIV/AIDS (Okwanjaanga Okusoomoozebwa Kw'endwadde z'Omutwe ne Mukenenya).*

DAY ONE: FRIDAY MAY 23, 2025		
TIME	ACTIVITIES	ROOM/ HALL
6:30am – 9:00am	BREAKFAST ON YOUR OWN	Various
9:00am – 9:00pm	CHECK-IN OF REGISTERED DELEGATES	Momentum Foyer East
9:00am – 5:00pm	Private meetings of clans (Ebika) as arranged by each clan.	Various
9:00am – 11:00am	Young Adults Program: Welcome and checking-in.	Various
11:00am – 4:30pm	Young Adults Program: Meet and greet; Ice-breakers (Buganda games and/or American games).	Various
12:00pm – 5:00pm	Delegates' tour of Boston C/o Mr. Eddie Kawungu & the tours and transportation committee	
1:00pm – 2:00pm	LUNCH ON YOUR WON	Various
1:00pm – 3:00pm	Muslim Friday Prayer (Jumu'ah). Room can be provided if requested.	Various
5:00pm – 6:00pm	<ul style="list-style-type: none"> Dinner (Finger Food Provided for Children) For others, on your own 	Momentum D
6:00 pm – 7:00pm	Children's Rehearsals	Momentum D
	PRE-OPENING CEREMONIES	
7:00 pm – 7:10pm	<ul style="list-style-type: none"> Opening Prayer Ekitiibwa kya Buganda (Anthem) Uganda National Anthem Canada National Anthem USA National Anthem 	Momentum D
7:10pm – 8:00pm	<ul style="list-style-type: none"> Ggwanga Mujje Boston President Opening Remarks by Young Adults Leaders Opening Remarks by Children's Committee Leaders Opening Remarks by the chief guest 	Momentum D
8:00pm – 10:00pm	Fashion Show and Children's performances	Momentum D
9:30pm – 11:00pm	Young Adults Program: Movie Time for ages 17 – 20	Momentum A, B, C
9:30pm – 1:00am	Young Adults Program: Mix and mingle for ages 21 and above	Momentum E, F, G
10:30pm – 1:00am	Entertainment for all (DJ)	Momentum D

DAY TWO: SATURDAY MAY 24TH, 2025		
TIME	ACTIVITIES	ROOM/ HALL
6:00am – 6:40am	Dduyiro' (physical fitness) 'Buganda Yeetaaga Abantu Abalamu' session with the Katikkiro	Gym
6:00am – 11:PM	EMBASSY SERVICES	Observatory
6:00am – 10:00pm	Children's Room	Invention
6:00am – 10:00pm	Children's Room	Theory
6:00am – 10:00pm	Planning	Thank Tank
7:30am – 9:00pm	CHECK-IN OF REGISTERED DELEGATES CONTINUED	Momentum Foyer West
7:00am – 8:30am	BREAKFAST (Please come prepared for the opening ceremony immediately following breakfast). Traditional Attire Recommended	Various
	OPENING CEREMONY	
9:00am – 9:15am	<ul style="list-style-type: none"> Opening Prayer Ekitiibwa kya Buganda (Anthem) Uganda National Anthem Canada National Anthem USA National Anthem Welcome Entertainment by Children 	Momentum Ballroom
9:15am – 10:00am	WELCOME MESSAGES	
9:15am – 9:45am	<ul style="list-style-type: none"> President, Ggwanga Mujje Boston – Ms. Rebecca Nansasi (5 mins). BBNAC'25 Chairman – Mr. Herbert Ddunga (5 mins) President BBNAC – Mr. Emmanuel W. Kivumbi (10 mins). Ssaabasajja Kabaka's Representative – Oweekitiibwa Henry Ndawula (5 mins). Minister for Buganda's Affairs Abroad, Oweekitiibwa Joseph Kawuki (5 mins). 	Momentum Ballroom
	SSAABASAJJA KABAKA'S MESSAGE.	
9:45am – 10:00am	Message delivered by Ssaabasajja Kabaka's messenger	Momentum Ballroom
10:00am – 10:30am	Katikkiro Answers Questions of the People	Momentum Ballroom
10:30am – 10:40am	Performances by Children	Momentum Ballroom
10:45am – 1:55pm	PLENARY SESSIONS: PRESENTATIONS AND DISCUSSIONS.	Momentum Ballroom
10:45am – 11:10am	Buganda Weetuuse mu Kulwanyisa Mukenenya, gye Twolekedde, ne bye Twetaaga Okusobola Okuggusa Olutabaalo by Oweekitiibwa Cotilda Nakate Kikomeko	Momentum Ballroom
11:10am – 11:25am	Questions and Answers/Discussion	Momentum Ballroom
11:25am – 11:59am	Okulambulula Buganda Bw'eyimiridde mu By'enfuna (Ggwanika Iya Buganda) by Oweekitiibwa Robert Waggwa Nsibirwa	Momentum Ballroom
12:00pm – 12:20pm	Questions and Answers/Discussion	Momentum Ballroom
12:20pm – 12:30pm	Performance by children	Momentum Ballroom

12:30am – 1:05pm	Presentations on Mental Health Awareness Efforts by BBNAC Member Associations by BBNAC Member Association Leaders	Momentum Ballroom
1:10pm – 1:35pm	Presentation on the Role of the Office of Omubaka by Oweekitiibwa Moses Ggayi Mayanja	Momentum Ballroom
1:35pm – 3PM	LUNCH AND LIGHT ENTERTAINMENT	Momentum Ballroom
3:00pm – 2:00am	SPECIAL INTEREST/BREAK AWAY SESSIONS	
3:00pm – 4:30pm	Young Adults Program: Career Session by Adults' Leaders (Mr. Paul Mukuye and Ms. Naomi Mulira)	Momentum D
3:00pm – 4:30pm	Education Consultancy– Helping Parents to Access Colleges for their children by Magaret Musoke Kironde	Momentum A, B, C
3:00pm – 4:30pm	Ssenga and Jjajja	Momentum E, F, G
5:30pm – 10:00pm	Boat Cruise (and for others, dinner On Your Own, Entertainment)	
7:00pm – 8:00pm	Young Adults Program: Dinner together	Various
8:00pm – 10:00pm	Young Adults Program: Cultural/Talent Shaw: Participants perform traditional dances, music, etc.	Various
10:00pm – 2:00am	Entertainment -Live performance; DJs, etc.	Momentum Ballroom
DAY THREE: SUNDAY MAY 25TH, 2025		
TIME	ACTIVITIES	BALLROOM
6:30am – 8:00am	Ssaabasajja Kabaka 70 th Birthday Run/Walk	Momentum Ballroom
6:00am – 10:00pm	Children's Room	Theory
6:00am – 10:00pm	Children's Room	Invention
6:00am – 10:00pm	Embassy Services	Observatory
8:00am – 9:00 am	Breakfast (Babaka with Katikkiro on their Own).	Various
8:00am – 9:00am	Breakfast for everyone else (on your own)	Momentum Foyer West/ Various
9:00am – 10:15am	Christian Sunday Prayers	Momentum A, B, C
9:00am – 10:15am	Christian Sunday Prayers	Momentum D
9:00am – 10:15am	Christian Sunday Prayers	Momentum E, F, G
10:00am – 3:00pm	CHECK-IN OF REGISTERED DELEGATES CONTINUED	Momentum Foyer West
	SPECIAL INTEREST SESSIONS	
11:00am – 3:00pm	Children's tours	
10:30am – 11:30am	Young Adults Program: Presentation on Mental Health Awareness by Anisha Makumbi, and Diana Claire	Momentum D
10:30am – 11:00am	Education Consultancy– Helping Parents to Access Colleges for their children by Magaret Musoke Kironde	Momentum E, F, G
11:30am – 12:30pm	Young Adults Program: Presentation on STDs Transmission and Prevention & Personal Stories by Dr. Sarah Matovu	Momentum D
12:30pm – 1:30pm	LUNCH (On Your Own)	Various
2:00pm – 3:30pm	BBNAC Annual General Assembly	Momentum Ballroom

3:30pm – 4:30pm	Young Adults Program: Networking activities	Momentum D
3:30pm – 4:30pm	Presentation and Discussion on Land Matters	Momentum E, F, G
3:30pm – 4:30pm	A lesson on how to dress in a Gomesi (Busuuti) for all interested girls and women	Momentum A, B, C
3:30pm – 4:30pm	Immigration Consultations	Momentum D
4:30pm – 5:30pm	Free time to get ready for the Royal Dinner.	
5:45pm – 6:00pm	CLOSING CEREMONY AND ROYAL DINNER START (Dress Code: Traditional attire recommended). <ul style="list-style-type: none"> ▪ Closing Prayer ▪ Ekitiibwa kya Buganda (Anthem) ▪ Uganda National Anthem ▪ Canada National Anthem ▪ USA National Anthem 	Momentum Ballroom
6:00pm – 6:10pm	Welcome by the host Mubaka Oweekitiibwa Henry Ndawula	Momentum Ballroom
6:10pm – 6:30pm	Joint message from Ssaabasajja Kabaka's Representatives (Ababaka) in North America delivered by Oweekitiibwa Estella Muyinda Namakula and Oweekitiibwa Wycliffe Lule-Musoke Ssimwogerere	Momentum Ballroom
6:30pm – 6:40pm	The minister for Buganda Affairs Abroad gives closing remarks	Momentum Ballroom
6:40pm – 7:20pm	Keynote Speech by the Katikikiro of Buganda, Oweekitiibwa Charles Peter Mayiga.	Momentum Ballroom
7:20pm – 9:00pm	Dinner	Ballroom
9:00pm – 10:30pm	<ul style="list-style-type: none"> ▪ Vote of thanks from the convention Chairman, surrounded by the entire convention organizing committee, if possible. ▪ Closing remarks by the President, Ggwanga Mujje Boston ▪ BBNAC President reads convention resolutions. ▪ BBNAC President announces the host of the next convention (BBNAC'27). ▪ BBNAC President passes out awards. ▪ UNAMS 	Ballroom
10:30pm – 2:00am	Entertainment	
DAY FOUR: MONDAY MAY 26TH, 2025		
TIME	ACTIVITIES	
7:00am – 9:00am	BREAKFAST AND FAREWELL (On Your Own).	
10:00am – 3:00pm	Tours of those staying longer and interested.	

BUGANDA BUMU NORTH AMERICAN CONVENTION 2025 ORGANIZERS THANK YOU!!

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Mr. James Bakiika (Security Chairperson)	Ggwanga Mujje Boston		

BBNAC 25 KIDS' FRIDAY PROGRAM

#	TIME	CAST	ITEM	REMARKS
1.	5 pm - 6 pm	Team	• DINNER	<i>Onsite</i>
2.	6 pm – 7 pm	Team	• REHEARSAL	
3.	7 pm	All	KITIIBWA KYA BUGANDA ALL ANTHEMS	<i>DJ Instrumental</i>
4.		Young Adults	• WELCOME REMARKS: Chair: Introduce Committee Ggwanga Mujje, President	
5.		Young Adults	• TALENT SHOW #1	
		Kids	FASHION SHOW:	
6.			• SSUUKA -traditional wear	
7.			• BUSUUTI (<i>modified by missionaries for modesty</i>)	
8.			○ Okkubira (Okukubira): -daily /work in the garden -baby carrier -storage for money, keys, 'stash'	
9.			○ Okutereeza: ku mikolo (formal)	
10.			• KKANZU	
11.			• KIKOOYI / Ssebayira (+hats)	
12.			• OMUWALUME – wrap-around busuuti for informal occasions, casual visit – protective wear against dust or mud when walking	
13.		Young Adults	TALENT SHOW: #2	
14.			Multi-Cultural Fashion Show	
15.		Young Adults	TALENT SHOW: #3	
16.			Young Adult Chair	
17.			Speech: Ms. 'Buganda Boston'	
18.			Boston Kids Skit	
19.			Speech: Chair	
20.			Katikiro or Oweek. Kawuki	
21.			Chair: Announce Entertainment	
22.	11 pm	Open	<i>DJ Entertainment</i>	
23.	11 pm – 1 am			
24.	1 am	Close		

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10 Lbs. cost \$80.00 (flat fee)	4.50 Kgs cost \$80.00 (flat fee)
11 Lbs + cost \$7.50 per Lb.	6 Kgs + costs \$16.50 per Kg
20 Lbs + cost \$7.00 per Lb.	10 Kgs + costs \$15.50 per Kg
30 Lbs + costs \$6.50 per Lb.	14 Kgs + costs \$14.50 per Kg
50 Lbs + costs \$6.00 per Lb.	23 Kgs + costs \$13.25 per Kg
70 Lbs + costs \$5.50 per Lb.	32 Kgs + costs \$12.00 per Kg
100 Lbs + costs \$5.00 per Lb.	45 Kgs + costs \$11.00 per Kg
300 Lbs + costs 4.75 per Lb.	135 Kgs + costs \$11.50 per Kg



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- Ocean shipping rates are mainly based on the size of the shipment.
- Ocean freight costs \$20.00 per cubic foot or \$700 per cubic meter from our shipping warehouse to Kampala.
- Ocean shipping transit time to Kampala is about 3 months.

Facts you should know about shipping:

- There is an additional charge for Pickup and Ground Transportation to our shipping warehouse - Pickup charges vary depending on the location, distance, and weight.
- The Customs clearing fees are not included in our shipping rates for Air and Sea. However, we can include the Customs Clearing fees on the customer's shipping invoice if the Customer provides us with the descriptions of the items, quantity, and their value in writing.
- We have Receiving Agents in most major cities of the U.S., where you can drop off your cargo.
- We also offer pickup services in most major cities of the United States.

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North Chelmsford, MA. 01863.
Tel: 781-891-4035

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EBIKA BYA BAGANDA N'OBUKULEMBEZE BWABYO				
No.	EKIKI (Clan/Totem)	AKABBIRO (Secondary Totem)	OMUTAKA (Clan Leader/Title)	OBUTAKA (Seat/Headquarters)
1	Balangira (Royal)	<i>Tebalina Kabbiro</i>	Ssabalangira	Various - Kings' designated palaces; HQ: Kigango (Mengo)
2	Babito be Kibuulala		Ssababiito Kibulala	Kibulala, SSingo
3	Babito be Kooki (Babito of Kooki)	Mazzi g'ekisasi (Porch water)	Ssaababiito Kkooki (Bwoowe Katiyimbwa)	Kkooki
4	Babito be Ssanje (Babito of SSanje)	Tebalina Kabbiro	Ssaababiito, Ssanje	Ssanje Kakuuto, Buddu
5	Butiko (White woodland mushroom)	Nnamulondo (type of mushroom)	Ggunju	Bukalango - Busiro
6	Ffumbe (Civet)	Kikere (Toad)	Walusimbi	Bakka - Busiro
7	Kasimba (Genet)	Ngo (Leopard)	Kabazzi	Kyango - Mawokota
8	Lugave (Pangolin)	Malere (Type of fungus)	Ndugwa	Katende - Mawokota
9	Ngeye (Colobus Monkey)	Kkunguvvu (Pin tailed Whydah)	Kasujja Nkali essiwa	Busujja - Busiro
10	Nnyonyi Nnyange (Egret)	Kkunguvvu (Pin tailed Whydah)	Mbaziira Kakooto	Bulimu - Kyaggwe
11	Njaza (Reedbuck)	Ngujulu (Type of animal)	Kitanda	Kkonko - Kyaggwe
12	Mmamba Kakoboza (Small Lungfish)	Ggongolo Nakawuka (Millipede)	Nnakawuka	Bukerekere - Busiro
13	Mmamba Gabunga (Large Lungfish)	Muguya (Juvenile Lungfish)	Gabunga	Sagala, Buwaya - Busiro
14	Ngo (Leopard)	Kasimba (Genet)	Muteesaasira	Bukesa, Buteesaasira - Butambala
15	Nvuma (Aquatic Pod)	Katinvuma (Rhynchospia hirta)	Kyaddondo	Kawempe - Kyaddondo
16	Nngonge (Otter)	Kaneene (Type of cannibal fish)	Kisolo	Bweza - Busujju
17	Njovu (Elephant)	Nvubu (Hippopotamus)	Mukalo	Kambugu - Busiro
18	Nvubu (Hippopotamus)	Elephant (Njovu)	Kayita	Mbazzi - Kyaggwe
19	Mpindi (Cowpeas)	Kiyindiru (Centrosema pubescens)	Mazige	Muyenje - Busiro
20	Kkobe (Air potato)	Kaama (Dioscorea minutiflora)	Nnamwama	Buzimwa - Mawokota (Buwama - Mawokota)
21	Ntalaganya (Blue Duiker)	Maleere (Type of fungus)	Bbambaga	Bbambaga - Bulemeezi
22	Mbwa (Dog)	Kyuma kya mbwa (Dog collar bell)	Mutasingwa	Kiggwa - Busujju
23	Nkima (Monkey, Red tailed)	Kaamukuukulu (Laughing Dove)	Mugema	Wambaale-Bbira - Busiro
24	Mpeewo (Bush Duiker)	Kayozzi (Gerbil)	Kiggye	Bubiro - Kyaggwe
25	Mpologoma (Lion)	Ngo (Leopard)	Ssebuganda Nnamuguzi	Lwadda - Kyaddondo
26	Nnamungoona (Pied Crow)	Mutima (Heart)	Kajjabwonga	Kasaka - Buddu
27	Nkeje (Sprat/Haplochromis)	Nkeje ya Kiyemba	Kikwata	Namukuma - Kyaggwe
28	Nseenene (Grasshoppers)	Nabangogoma (Stick grasshopper)	Kalibbala	Nsiisi - Busujju
29	Mbogo (Buffalo)	Ndeenwe (Dung mushroom)	Kayiira Gaajuule	Mugulu - Ssinga
30	Nkerebwe (Tree climbing Squirrel)	Kinyirikisi (Fresh banana stem)	Kidimbo	Budimbo - Ssinga Bwanja - Ssinga
31	Kibe (Jackal)	Mpiri	Muyige	Wantaayi - Kyaggwe
32	Musu (Edible Rat)	Kayozzi (Gerbil/Jerboa)	Muyingo	Ssama - Mawokota
33	Ngabi Nsamba (Bushbuck - Original)	Jjerengesa (Acalypha bipartita)	Nsamba	Buwanda - Mawokota
34	Ngabi Nnyunga (Bushbuck)	Kakimirizi (Sida cuneifolia)	Kannyana	Bwende - Buddu
35	Nsuma (Snout fish)	Kasulubbana (type of snout fish)	Kibondwe	Bukibondwe - Buvuma
36	Kayozzi (Jerboa)	Nsombabyuma (Pouched rat)	Kafumu	Nsasa - Mawokota
37	Ndiga (Sheep)	Mpologoma (Lion)	Lwomwa	Mbaale - Mawokota
38	Mutima (Heart) - Omuyanja	Mawoowoolo	Nnamugera Kakeeto	Bbaale - Buddu
39	Mutima (Heart) - Musagi	Muzibiro	Nnakirembeka	Butale - Buddu
40	Nte (Cow)	Nngaali (Crested crane)	Katongole	Mulema - Buddu
41	Mazzi Ga Kisasi (Porch Water)	Ggongolo (Millipede)	Wooyo	Kajuna - Buddu
42	Kinyomo (Drop-tail Ant)	Mutima (Heart)	Nakigoye	Kyasa - Buddu
43	Nswaaswa (Monitor Lizard)	Ggoonya (Crocodile)	Mayengo	Bugabo - Buvuma
44	Lukato (Awl) **	Kabbokasa	Lyongera	Kisuzza - Buweekula
45	Nsunu (Uganda Kob) **	Jjerengesa (Acalypha bipartita)	Kabugira	- Bugerere
46	Kiwere (Rumex Usambarensis - grass)	Mmondo	Luwonko	Lwansunu - Ssinga Kitabona, Ntwetwe - Ssinga
47	Nkula (Rhinoceros)	Katiko ka Nnassogolero (Mushroom)	Muwagi	Bwetunga - Bulemeezi
48	Nnyonyi Ndiisa (Lark/Yellow throated long claw Bird)	Nabalya	Kaliika	Mukungwe - Buddu
49	Nnyonyi Nakinsige (Brown grass fitch)	Kkunguvvu (Pin-tailed whydah)	Kyeyune	Mirembe - Kyaggwe
50	Njobe (Sitatunga)	Buggala (Cyperus papyrus)	Ssenjobe	Mpumudde - Ssinga
51	Kasanke (Finch) **	Unknown	Kyanku	
52	Mbuzi (Goat) **	Unknown	Kisunsu	Muwuunuune - Buddu
53	Nngaali (Crested Crane/Grey Crowned Crane)	Kasanke akeeru (Cordon)	Maweesano	Buzooba - Buddu
54	Nkebuka (Human Faeces) **	Unknown	Kayizzi	
55	Nkusu (African grey parrot)	Namugala (Starling)	Ssenkusu Ssonja	Buziri - Buvuma
	Notes: **. Inactive clans			
	Prepared by: Mulangira Frederick Kalema-Musoke (May 2025)			
	Source: Apollo N. Makubuya - Thrones & Thorns - 2023 (pp. 90-92)			
	Source: Taga F. Nuwagaba - Totems of Uganda (Buganda Edition) - 2014 Edition			



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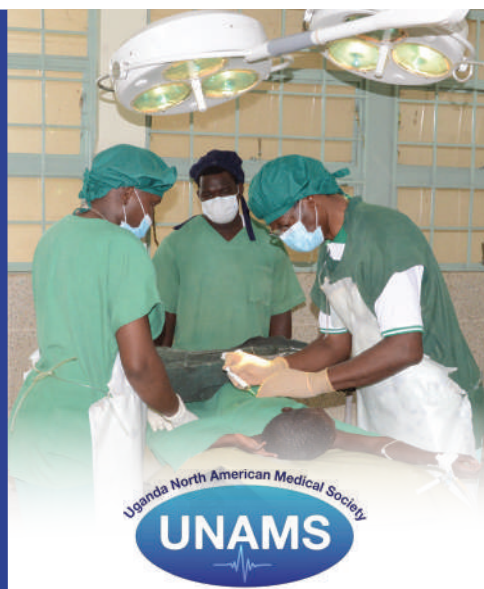
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03

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